

Information for free physicals in the summer of 2017

Jamie Morse- Family Nurse Practitioner located at Poplar Bluff Medical Clinic, 2588 North Westwood Blvd. She has agreed to provide free physicals to our Twin Rivers athletes during the months of July and August. You can make an appointment with her by calling (573) 778-1277.

Ruth Wontor- Family Nurse Practitioner located at Poplar Bluff Primary Care, 2360 Katy Lane during the months of July and August. An appointment can be made by calling (573) 712-2546.

Dr. Clint Vanlandingham- Orthopedic specialist located in the Copper Top on PP Highway in Poplar Bluff. To arrange for this free physical, please call his office as soon as possible to schedule an appointment at his convenience. The phone number to his office is (573) 785-4546.

Free physicals will also be offered at the high school gymnasium on August 2nd at the back to school fair. High school fall sports practices begin on July 31 this year. MSHSAA rules state that a physical must be completed before a player is allowed to participate in practice. Since 14 practices are required before being allowed to play in a competition, we do not recommend fall sport athletes use the school fair for their physicals.

We encourage you to take advantage of any of these opportunities to get physicals free of charge; however, a physical from your family physician will be acceptable as well.