



# TITLE I NEWSLETTER – QULIN

## 1st QUARTER

### STUDENTS OF THE QUARTER

Students are selected on the basis of showing leadership qualities such as: Responsible, Respectful, Compassionate, Trustworthy, Helpful, Perseverance, Generous, Accountable and Patient.

- K** Lydia Atwood, Jett Benson
- 1<sup>st</sup>** Aston Gill, Kyndall Shouse
- 2<sup>nd</sup>** Ivy Benson, Keegan Stratton
- 3<sup>rd</sup>** Brady Blue, Max Johnson
- 4<sup>th</sup>** Savannah Gill, Colin Reed



**Qulin Elementary Welcomes First - Fourth Grade Students New to Twin Rivers**  
**Front Row:** Emilynn Legrand, Katie Tippen, Samantha Ogelvie, Ashton Gill, Kyndall Shouse, Winter Christy, Seth Ogelvie  
**Back Row:** Emma Tippen, Savannah Gill, Peyton Gill, Kaylynn Burge, John Comer, Allison Martin, Seaira Kingery

# CLASS NEWS

## Kindergarten

### **Lisa Bell - Hayley Benson**

Kindergarten is off to a great start. We have covered the entire alphabet recognizing letters and their sounds. We are now going back and spending time on each letter and its sound. We are learning to write our letters and numbers, as well as colors and 2 dimensional shapes. We have also begun working on our Kindergarten Sight Word List.

Next quarter we will continue working on these skills and also be practicing counting to 100 and counting by tens. When practicing counting with your child, do NOT have them start with 1 all the time. We are practicing counting to 100 starting with ANY number. Please continue to work with your child on these skills at home. Flashcards are great tools for practicing letters and numbers.

The Halloween parade will be Friday, October 27 at 9:00 a.m. Please have your child wear their costume to school that day. Either have them wear clothes under their costume or bring a change of clothes. We will be changing immediately following the parade. The class party will be that afternoon from 1:45-2:15. Any kind of snacks or treat bags would be greatly appreciated!

Thank you for coming to Open House. We look forward to the rest of the year and watching our students continue to grow and succeed.

## 1<sup>st</sup> Grade

### **Amy Morse - Bridget Patterson**

First grade parents, please practice addition and subtraction facts with your child. Listen to them read our weekly story and their library books. Remember to look over papers in students' home pocket of their binders. Take an AR test over library books and practice spelling.

We were excited to visit with the Heroes who came to our school on September 11. It was fun to look inside the police vehicles and ambulance.

We are proud of our first graders for how well they have gotten back into the school routine. They have started the year off great by participating in classroom discussions and activities. They are a great group! Thank you for all the snack donations. We really appreciate it. We enjoyed visiting with everyone at the Parent/Teacher conferences. Thank you for signing up for Remind.com. Remember to always feel free to contact us whenever you have questions or concerns.

We are looking forward to Red Ribbon Week and the Halloween Parade.

## 2<sup>nd</sup> Grade

### **Cortney Barnett-Jordan Matthews**

Tips for helping your child at home:  
Math – Practice math facts (addition and subtraction 1-20)  
Spelling Words – When studying spelling words, have them rhyme write

(i.e. if you can spell gate, then you can spell date) have the students apply their phonic skill for the week.

High Frequency Words - Have students read, write, and use their words in sentences. Each student will focus on 5 words each week on their spelling test. Reading - Students will be bringing their library books home each night.

Our class has recently enjoyed Heroes Day. September 11<sup>th</sup> was a great day that the students were able to visit with firefighters, EMTs and sheriff officers. The kids had a great time being able to look inside the ambulance and sheriff cars. Also, we have kicked off our student family groups. We had a school wide assembly where the students were able to find their family and have lunch. The kids' family will consist of Kindergarten-4<sup>th</sup> grade with one to two from each grade level. During group time we will be able to invest in building a school wide community between upper and lower wing students.

Our second graders are just amazing! This class of students is doing great getting back into to groove of school and are eager to learn. We are so happy that we can spend this year with each of your kids and watch them mature and grow! Thank you for being so supportive and giving a helping hand whenever it is needed.

### **3<sup>rd</sup> Grade**

**Casie Fordham - Jessica Kirkman**

Parents, please remember to check homework folders and weekly planners. Also, continue to study multiplication

facts with your child and read AR books.

We recently enjoyed Solar Eclipse Day, and Hero Day. We are looking forward to Red Ribbon Week and a Halloween parade and party. We have recently studied natural disasters and informational text.

Thank you for attending Parent/Teacher conferences.

### **4<sup>th</sup> Grade**

**Sue Lamarr - Teresa Rose**

Please remind students to put books and papers back in their backpacks. Continue to study those math facts.

Our students have started typing their spelling words. This is a more enjoyable way to get the work finished.

A big shout out to parents for assuring good attendance! Our job is made easier when all students are in their place.

### **PTO**

Parents are encouraged to be a part of PTO activities in any way you can to support our school. Meetings are the second Wednesday of each month at 3:15 p.m. in the Middle School. The PTO is currently planning activities for Red Ribbon Week - October 23-27

2017-18 PTO Officers:

President: Melanie Rommel

Vice President: Diana Mittelstadt

Secretary: Holly Johnson

Treasurer: Cindy Patterson

# Improving child development

A new CDC handwashing study shows promising results

Handwashing can help prevent diarrhea and pneumonia, two of the leading causes of death in children around the world.

*"...more than 200 million children under 5 years fail to reach their potential in cognitive development because of poverty, poor health and nutrition, and deficient care."*

Sally Grantham-McGregor and colleagues, *Lancet* 369:60, 2007.



## Sanitation and hygiene are critical to health.

Diarrheal diseases are common and largely preventable. Children are at particular risk for diarrhea and other diseases related to poor water, sanitation, and hygiene. Proper hygiene education is a critical step in reducing illness and death from diarrheal disease. In 2003, the Centers for Disease Control and Prevention (CDC) studied whether good hygiene can prevent diarrhea in young children. Some children in the study were given intensive handwashing promotion for 9 months, and others were not. Children whose families received soap for their handwashing stations and education about handwashing experienced approximately half as much diarrhea as children in a control group during the first 2 1/2 years of their lives, a critical time in their development.

## What does handwashing have to do with healthy child development?

The same children who participated in the 2003 study were followed up in 2009. In addition to having had less diarrhea, the children who got handwashing promotion also scored better in a detailed test of their development when they were 5–7 years old. These findings suggest that handwashing promotion could be an important strategy for improving child welfare.

Heavy diarrhea or intestinal parasite loads in early childhood have been linked to delays in development. However, proper handwashing before meals and after going to the toilet can lower exposure to germs. This can lessen the chances of illness and chronic inflammation—leading to better nutrition intake, more energy available for growth and development, and better attendance at school.

## Important next steps

Transferring these findings to benefit the general public depends on strong partnerships and collaboration. In 2012, CDC presented these findings to 6,000 pediatricians at a meeting of the Pediatric Academic Societies and to a public-private partnership for handwashing with soap.

**The challenge?** To replicate these results in other settings and learn more about why handwashing had this sort of positive health effect in children.

**What is needed?** More robust data to understand how handwashing can work to improve children's health and development—whether by decreasing exposure to germs, increasing parent-child interactions, or both. Meanwhile, increased handwashing advocacy can be beneficial to greater segments of society.

## Soap + water = Cleaner bill of health and disease prevention in children

**Children who got handwashing promotion reached developmental milestones 6 months earlier than those who did not.**

**Children whose families were exposed to nine months of a handwashing promotion tended to score better across five areas of development:**

**Cognitive** (skills and abilities commonly thought of as mental or intellectual, with the exception of language and communication skills)—Examples include finding hidden items in a complex picture, recalling facts from a story, and memorizing lines from books, TV shows, or songs.

**Communication** (how effectively a child receives and expresses information and ideas)—Examples include responding to “who” or “what” questions, associating pictures with words, and identifying family members or pets when named.

**Motor** (ability to control and use the large and small muscles of the body)—Examples include throwing a ball, hopping on one foot, and stacking cubes.

**Personal-social** (abilities that allow a child to engage in meaningful interaction with adults and peers and to develop a self-concept and sense of a social role)—Examples include sharing toys, expressing emotions, and showing pride in accomplishments.

**Adaptive** (ability to use information and skills from four other domains above)—Examples include using eating and drinking utensils, dressing themselves, washing their hands, and blowing their noses.



### Proper handwashing in children: A call to action

Expand education to families and caretakers across society so that all children can obtain the health benefits from proper handwashing, and society can obtain the productivity benefits of a healthier population. This is a low-technology and accessible practice that can go hand-in-hand with other programs to promote child well-being, such as nutritional support and parenting education.

Bowen A, Agboatwalla M, Luby S, Tobery T, Ayers T, Hoekstra R. Association between intensive handwashing and child development in Karachi, Pakistan: A cluster controlled trial. Arch Pediatr Adolesc Med. 2012 Sep; [Epub ahead of print]

***“There can be no sharper message to proponents of maternal and child health—that acting early in a child’s life reaps the highest reward both for individuals and societies.”***

**The Lancet, 378:1276, 2011**

## **RED RIBBON WEEK OCTOBER 23-27**

Monday	Black Out All Drugs (wear all black)
Tuesday	We Stand Against Drugs (wear patriotic clothing/colors)
Wednesday	Only Goofies Use Drugs (wear Disney characters)
Thursday	Team Up Against Drugs (wear favorite team clothing)
Friday	Scare Drugs Away (wear Halloween costumes)

Daily prizes will be drawn for each day Monday thru Thursday. If your name is drawn AND you dressed for the day, you will receive a certificate for \$1 from the school candy cart.

On Friday, October 27<sup>th</sup>, we will have our annual Halloween parade through Quin beginning at 9:00 a.m. Prizes will be awarded for the top three costumes in each grade. Our high school FCCLA will judge the event and provide gift certificates for the winners.

During the entire Red Ribbon Week, we are having a canned food drive to restock our Friday Backpack Pantry. The class bringing the most items (in each building) will receive a Pizza Party AND a Marble Slab Ice Cream Party. Our pantry is in need of any non-perishable food items, but no glass containers please.

## **UPCOMING EVENTS**

October 23-27	Red Ribbon Week
October 27	Halloween Parade
October 30	Kindergarten Book Club
November 8	PTO Meeting 3:15 p.m.
November 9	D.E.E.R. Day (Drop Everything Everyone Read)
November 10	Veteran's Day Assembly
November 10	½ day Fall Break
November 13	No School - Fall Break
November 22-24	No School - Thanksgiving
November 27	Kindergarten Book Club
December 13	PTO Meeting 3:15 p.m.
December 20	End of second quarter
December 21-January 3	Christmas Break
January 4	Classes resume

