



TITLE I NEWSLETTER – FISK

1st QUARTER

STUDENTS OF THE MONTH

Outstanding effort!

Kindergarten Gracie Mitchell, Peyton Morgan, Cameron Mulalley, Stetson Porch

1st Grade Rilyn Jones, Camren Hill, Riker Parson, Dakota Qualls

2nd Grade Brenden Baker, Chloe Hicks, Emilia Hullinger, Jeffery Russell

3rd Grade Chalyn Bell, Hope Conner, Will Parker, Juliet Sincup

4th Grade Chadyn Bell, Autumn Keith, Brookelynn Wilkerson, Tyler Williams



Twin Rivers welcomes two new elementary teachers this year. Shelby Blascoe is teaching third grade and comes to us as a first year teacher. Cornelia Hyde is teaching kindergarten and comes with 16 years of experience.



ELEMENTARY WELCOMES GRADES 1-4 STUDENTS NEW TO TWIN RIVERS

Front row: Heaven Phillips, Elizabeth Hindle, Hailey Moody, Cambree Kinnard, Gunner Matney, Jordan Weaver

Middle Row: Chris Queen, Chadyn Bell, Deon Winters, Griffin Bond

Back Row: Curtis Holt, Audrionna Northern, Aliza Achter, Kyleigh Wilson, Addisynn Tipton, Camden Parks

Ayla Holt not pictured

Kindergarten

Cornelia Hyde & Kayla Wombles

Please work with your child daily on letter and sound connections. Also, use those flash cards from conferences! Our class recently went on our first Field Trip! We went to the post office, library, fire station, bakery, and ended our day at the park. We had a great afternoon and learned a lot of new things about community helpers.

Ms. Hyde's class has started reading workstations. We have been working in our small groups for two weeks now! We are learning to get along and cooperate in our workstations and how to share materials and be responsible. As we work together we are learning our letters, sounds, sight words, and other early literacy skills.

Thank you to all the parents for taking time to check folders daily and work with your child at home! We appreciate you!

Our annual Fall Field Trip is October 18. We will be going to Begg's Farm in Blodgett. We will have a fun-filled day of pumpkin picking and lots of other exciting activities!

1st Grade

Desira Dugger & Shonda Bridgewater

Parents, please study spelling words, reading passages, and read with your child for about 10 minutes every night.

Our class recently enjoyed Grandparents Day and 9-11 Remembrance Day. We will be going to Begg's Farm on October 18.

Thank you to parents for everything you do.

2nd Grade

Krystin Cooper & Abby Clark

We will be working on shapes in math next quarter, so parents can start talking to your kids about different shapes.

Second grade really enjoyed Solar Eclipse Day and 9-11 Remembrance Day.

Thank you to parents for bringing in snacks for the class every day. Our Halloween party will be October 31.

3rd Grade

Shelby Blascoe & Melissa Jackson

Next quarter students and parents should work together to continue practicing 3-digit addition and subtraction and spelling words. Encourage AR reading by listening to your child read for about thirty minutes every night. Continue to work on trying to reach end of year AR goal of 180 points!

Mrs. Blascoe's students recently enjoyed cutting open a pumpkin and learning about a pumpkins life cycle. Mrs. Jackson's class has enjoyed Magic of Math activities, Front Row on chromebooks, and flexible seating. The students have really done well with flexible seating.

4th Grade

Samantha McFarlen & Leonda Moffitt

We will be working on multiplication and division next quarter. Mrs. McFarlen's class baked Author's Purpose Pies and loved it!

Thank you for supporting your child and our classrooms.

We are looking forward to Fall Festival and or Halloween parade and party.

Improving child development

A new CDC handwashing study shows promising results

Handwashing can help prevent diarrhea and pneumonia, two of the leading causes of death in children around the world.

"...more than 200 million children under 5 years fail to reach their potential in cognitive development because of poverty, poor health and nutrition, and deficient care."

Sally Grantham-McGregor and colleagues, *Lancet* 369:60, 2007.



Sanitation and hygiene are critical to health.

Diarrheal diseases are common and largely preventable. Children are at particular risk for diarrhea and other diseases related to poor water, sanitation, and hygiene. Proper hygiene education is a critical step in reducing illness and death from diarrheal disease. In 2003, the Centers for Disease Control and Prevention (CDC) studied whether good hygiene can prevent diarrhea in young children. Some children in the study were given intensive handwashing promotion for 9 months, and others were not. Children whose families received soap for their handwashing stations and education about handwashing experienced approximately half as much diarrhea as children in a control group during the first 2 1/2 years of their lives, a critical time in their development.

What does handwashing have to do with healthy child development?

The same children who participated in the 2003 study were followed up in 2009. In addition to having had less diarrhea, the children who got handwashing promotion also scored better in a detailed test of their development when they were 5–7 years old. These findings suggest that handwashing promotion could be an important strategy for improving child welfare.

Heavy diarrhea or intestinal parasite loads in early childhood have been linked to delays in development. However, proper handwashing before meals and after going to the toilet can lower exposure to germs. This can lessen the chances of illness and chronic inflammation—leading to better nutrition intake, more energy available for growth and development, and better attendance at school.

Important next steps

Transferring these findings to benefit the general public depends on strong partnerships and collaboration. In 2012, CDC presented these findings to 6,000 pediatricians at a meeting of the Pediatric Academic Societies and to a public-private partnership for handwashing with soap.

The challenge? To replicate these results in other settings and learn more about why handwashing had this sort of positive health effect in children.

What is needed? More robust data to understand how handwashing can work to improve children's health and development—whether by decreasing exposure to germs, increasing parent-child interactions, or both. Meanwhile, increased handwashing advocacy can be beneficial to greater segments of society.

National Center for Emerging and Zoonotic Infectious Diseases

Division of Foodborne, Waterborne, and Enteric Diseases

<http://www.cdc.gov/healthywater/global/index.html>



Soap + water = Cleaner bill of health and disease prevention in children

Children who got handwashing promotion reached developmental milestones 6 months earlier than those who did not.

Children whose families were exposed to nine months of a handwashing promotion tended to score better across five areas of development:

Cognitive (skills and abilities commonly thought of as mental or intellectual, with the exception of language and communication skills)—Examples include finding hidden items in a complex picture, recalling facts from a story, and memorizing lines from books, TV shows, or songs.

Communication (how effectively a child receives and expresses information and ideas)—Examples include responding to “who” or “what” questions, associating pictures with words, and identifying family members or pets when named.

Motor (ability to control and use the large and small muscles of the body)—Examples include throwing a ball, hopping on one foot, and stacking cubes.

Personal-social (abilities that allow a child to engage in meaningful interaction with adults and peers and to develop a self-concept and sense of a social role)—Examples include sharing toys, expressing emotions, and showing pride in accomplishments.

Adaptive (ability to use information and skills from four other domains above)—Examples include using eating and drinking utensils, dressing themselves, washing their hands, and blowing their noses.



Proper handwashing in children: A call to action

Expand education to families and caretakers across society so that all children can obtain the health benefits from proper handwashing, and society can obtain the productivity benefits of a healthier population. This is a low-technology and accessible practice that can go hand-in-hand with other programs to promote child well-being, such as nutritional support and parenting education.

Bowen A, Agboatwalla M, Luby S, Tobery T, Ayers T, Hoekstra R. Association between intensive handwashing and child development in Karachi, Pakistan: A cluster controlled trial. Arch Pediatr Adolesc Med. 2012 Sep; [Epub ahead of print]

“There can be no sharper message to proponents of maternal and child health—that acting early in a child’s life reaps the highest reward both for individuals and societies.”

The Lancet, 378:1276, 2011

<http://www.cdc.gov/healthywater/global/index.html>

PTO

The Fisk PTO will meet at 6:00 p.m. Wednesday October 18. All parents are encouraged to support our students by being a part of PTO. PTO is currently doing a Fall Fundraiser. Holiday catalogs have been sent home, and orders will be due November 2. PTO will sponsor a 5th & 6th grade dance October 20.

UPCOMING EVENTS

October 18	Field trip to Beggs Farm K-1
October 18	PTO meeting 6:00 p.m.
October 20	Report cards go home
October 30	Kindergarten Book Club
October 31	K-4 Halloween parade and parties
November 10	½ day Fall Break
November 13	No School – Fall Break
November 22-24	No School – Thanksgiving
December 18	Kindergarten Family Night – Polar Express
December 20	End of second quarter
December 21-January 3	Christmas Break
January 4	Classes resume

RED RIBBON WEEK OCTOBER 23-27

MONDAY

Use your head – Wear Red

TUESDAY

Your choices are the key to your dreams – Pajama Day

WEDNESDAY

You can be Drug Free – Superhero Day

Bing canned goods!!

The class bringing the most gets extra recess!!

THURSDAY

Team up Against Drugs – School Color Day

FRIDAY

Drugs Are Old School – Decade Day

Wear clothing from the past decades

Friday October 27 – 12:15

**K-8 Red Ribbon Rally & Balloon Launch on the elementary
playground with Kevin Murray as our guest speaker! Parents are
invited to attend!**