

Twin Rivers R10
SEPTEMBER 2017
BREAKFAST MENU
MIDDLE SCHOOLS FISK & QULIN

Aug 25, 2017

Monday	Tuesday	Wednesday	Thursday	Friday
				Fri - 9/1/2017 BISCUIT GRAVY BISCUIT SAUSAGE PATTY CHILLED FRUIT 100% ORANGE JUICE MILK 1% WHITE MILK FF CHOCOLATE CEREAL TOAST GRAPE JELLY
Mon - 9/4/2017	Tue - 9/5/2017 PANCAKES PANCAKE SYRUP APPLESAUCE MILK 1% WHITE MILK FF CHOCOLATE CEREAL TOAST GRAPE JELLY	Wed - 9/6/2017 CINNAMON TOAST HOT OATMEAL SLICED PEACHES MILK 1% WHITE MILK FF CHOCOLATE CEREAL TOAST GRAPE JELLY	Thu - 9/7/2017 SAUSAGE ON A STICK PANCAKE SYRUP MIXED FRUIT MILK 1% WHITE MILK FF CHOCOLATE CEREAL TOAST GRAPE JELLY	Fri - 9/8/2017 BISCUIT GRAVY BISCUIT SAUSAGE PATTY CHILLED FRUIT 100% APPLE JUICE MILK 1% WHITE MILK FF CHOCOLATE CEREAL TOAST GRAPE JELLY
Mon - 9/11/2017 AUNT JEMIMA WAFFLE PANCAKE SYRUP BLUEBERRIES MILK 1% WHITE MILK FF CHOCOLATE CEREAL TOAST GRAPE JELLY	Tue - 9/12/2017 SLICED HAM BISCUIT SLICED PEACHES MILK 1% WHITE MILK FF CHOCOLATE CEREAL TOAST GRAPE JELLY	Wed - 9/13/2017 TONY'S BREAKFAST PI PINEAPPLE TIDBITS MILK 1% WHITE MILK FF CHOCOLATE CEREAL TOAST GRAPE JELLY	Thu - 9/14/2017 BREAKFAST BURRITO MANDARIN ORANGES MILK 1% WHITE MILK FF CHOCOLATE CEREAL TOAST GRAPE JELLY	Fri - 9/15/2017 BISCUIT GRAVY BISCUIT SAUSAGE PATTY CHILLED FRUIT 100% ORANGE JUICE MILK 1% WHITE MILK FF CHOCOLATE CEREAL TOAST GRAPE JELLY
Mon - 9/18/2017 PANCAKES PANCAKE SYRUP APPLESAUCE MILK 1% WHITE MILK FF CHOCOLATE CEREAL TOAST GRAPE JELLY	Tue - 9/19/2017 GRILLED EGG PATTIE BISCUIT GRAPE JELLY CHILLED PEARS MILK 1% WHITE MILK FF CHOCOLATE CEREAL TOAST	Wed - 9/20/2017 CINNAMON TOAST HOT OATMEAL SLICED PEACHES MILK 1% WHITE MILK FF CHOCOLATE CEREAL TOAST GRAPE JELLY	Thu - 9/21/2017 BISCUIT GRAVY BISCUIT SAUSAGE PATTY CHILLED FRUIT 100% APPLE JUICE MILK 1% WHITE MILK FF CHOCOLATE CEREAL TOAST GRAPE JELLY	Fri - 9/22/2017

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** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

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Twin Rivers R10
 SEPTEMBER 2017
 BREAKFAST MENU
 MIDDLE SCHOOLS FISK & QULIN

Aug 25, 2017

Monday	Tuesday	Wednesday	Thursday	Friday
Mon - 9/25/2017	Tue - 9/26/2017	Wed - 9/27/2017	Thu - 9/28/2017	Fri - 9/29/2017
AUNT JEMIMA WAFFLE PANCAKE SYRUP BLUEBERRIES MILK 1% WHITE MILK FF CHOCOLATE CEREAL TOAST GRAPE JELLY	SLICED HAM BISCUIT SLICED PEACHES MILK 1% WHITE MILK FF CHOCOLATE CEREAL TOAST GRAPE JELLY	TONY'S BREAKFAST PI PINEAPPLE TIDBITS MILK 1% WHITE MILK FF CHOCOLATE CEREAL TOAST GRAPE JELLY	BREAKFAST BURRITO MANDARIN ORANGES MILK 1% WHITE MILK FF CHOCOLATE CEREAL TOAST GRAPE JELLY	BISCUIT GRAVY BISCUIT SAUSAGE PATTY CHILLED FRUIT 100% ORANGE JUICE MILK 1% WHITE MILK FF CHOCOLATE CEREAL TOAST GRAPE JELLY

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Twin Rivers R10
SEPTEMBER 2017
LUNCH MENU
MIDDLE SCHOOLS FISK & QULIN

Aug 25, 2017

Monday	Tuesday	Wednesday	Thursday	Friday
				Fri - 9/1/2017 CHILI MAC MEXICALI CORN CALIBLEND VEGETABL APPLESAUCE MILK 1% WHITE MILK FF CHOCOLATE
Mon - 9/4/2017	Tue - 9/5/2017 HAMBURGER SWEET POTATO FRIES BLACK-EYED PEAS ORANGE WEDGES MILK 1% WHITE MILK FF CHOCOLATE	Wed - 9/6/2017 SALISBURY STEAK GREEN BEANS MASHED POTATOES HOT ROLL PINEAPPLE TIDBITS MILK 1% WHITE MILK FF CHOCOLATE	Thu - 9/7/2017 FRITO PIE SEASONED CARROTS SEASONED CORN SLICED PEACHES MILK 1% WHITE MILK FF CHOCOLATE	Fri - 9/8/2017 PIZZA STICKS BROCCOLI, SEASONED GARDEN SALAD MIXED FRUIT APPLE,FRESH MILK 1% WHITE MILK FF CHOCOLATE
Mon - 9/11/2017 TWISTY CHICKEN ALFR BREADSTICK BROCCOLI, SEASONED GARDEN SALAD RANCH DRESSING APPLE,FRESH MILK 1% WHITE MILK FF CHOCOLATE	Tue - 9/12/2017 TONY'S PEPPERONI PIZ PINTO BEANS BABY CARROTS PINEAPPLE TIDBITS MILK 1% WHITE MILK FF CHOCOLATE	Wed - 9/13/2017 SLICED TURKEY GREEN BEANS MASHED POTATOES HOT ROLL MIXED FRUIT MILK 1% WHITE MILK FF CHOCOLATE	Thu - 9/14/2017 GRILLED CHEESE SAN TOMATO SOUP GARDEN SALAD RANCH DRESSING CHILLED PEARS MILK 1% WHITE MILK FF CHOCOLATE	Fri - 9/15/2017 CHICKEN PATTY ON BU SWEET POTATO FRIES SEASONED GREEN PE CHILLED PEARS MILK 1% WHITE MILK FF CHOCOLATE
Mon - 9/18/2017 HAMBURGER SWEET POTATO FRIES BLACK-EYED PEAS ORANGE WEDGES MILK 1% WHITE MILK FF CHOCOLATE	Tue - 9/19/2017 CHICKEN POT PIE GARDEN SALAD RANCH DRESSING APPLESAUCE MILK 1% WHITE MILK FF CHOCOLATE	Wed - 9/20/2017 MEAT LOAF GREEN BEANS MASHED POTATOES HOT ROLL PINEAPPLE TIDBITS MILK 1% WHITE MILK FF CHOCOLATE	Thu - 9/21/2017 CORN DOG SEASONED GREEN PE SEASONED BROCCOLI BLUE RASPBERRY SOR MILK 1% WHITE MILK FF CHOCOLATE	Fri - 9/22/2017
Mon - 9/25/2017 PIZZA STICKS BROCCOLI, SEASONED GARDEN SALAD RANCH DRESSING APPLE,FRESH MILK 1% WHITE MILK FF CHOCOLATE	Tue - 9/26/2017 RIB PATTY SANDWICH SWEET POTATO TOTS SEASONED GREEN PE CHILLED PEARS MILK 1% WHITE MILK FF CHOCOLATE	Wed - 9/27/2017 HAM SLICED GREEN BEANS MASHED POTATOES HOT ROLL MANDARIN ORANGES MILK 1% WHITE MILK FF CHOCOLATE	Thu - 9/28/2017 BEEF & BEAN BURRITO PINTO BEANS BABY CARROTS PINEAPPLE TIDBITS MILK 1% WHITE MILK FF CHOCOLATE	Fri - 9/29/2017 TANGERINE CHICKEN BROWN RICE ORIENTAL VEGETABLE SEASONED CARROTS MANDARIN ORANGES MILK 1% WHITE MILK FF CHOCOLATE

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