

Twin Rivers R10
JANUARY 2018
BREAKFAST MENU
MIDDLE SCHOOLS FISK & QULIN

Monday	Tuesday	Wednesday	Thursday	Friday
Mon - 1/1/2018	Tue - 1/2/2018	Wed - 1/3/2018	Thu - 1/4/2018 BREAKFAST BURRITO MANDARIN ORANGES MILK 1% WHITE MILK FF CHOCOLATE CEREAL TOAST GRAPE JELLY	Fri - 1/5/2018 BISCUIT GRAVY BISCUIT SAUSAGE PATTY CHILLED FRUIT 100% ORANGE JUICE MILK 1% WHITE MILK FF CHOCOLATE CEREAL TOAST GRAPE JELLY
Mon - 1/8/2018 PANCAKES PANCAKE SYRUP APPLESAUCE MILK 1% WHITE MILK FF CHOCOLATE CEREAL TOAST GRAPE JELLY	Tue - 1/9/2018 GRILLED EGG PATTIE BISCUIT GRAPE JELLY CHILLED PEARS MILK 1% WHITE MILK FF CHOCOLATE CEREAL TOAST	Wed - 1/10/2018 CINNAMON TOAST HOT OATMEAL SLICED PEACHES MILK 1% WHITE MILK FF CHOCOLATE CEREAL TOAST GRAPE JELLY	Thu - 1/11/2018 SAUSAGE ON A STICK PANCAKE SYRUP MIXED FRUIT MILK 1% WHITE MILK FF CHOCOLATE CEREAL TOAST GRAPE JELLY	Fri - 1/12/2018 BISCUIT GRAVY BISCUIT SAUSAGE PATTY CHILLED FRUIT 100% APPLE JUICE MILK 1% WHITE MILK FF CHOCOLATE CEREAL TOAST GRAPE JELLY
Mon - 1/15/2018	Tue - 1/16/2018 AUNT JEMIMA WAFFLE PANCAKE SYRUP BLUEBERRIES MILK 1% WHITE MILK FF CHOCOLATE CEREAL TOAST GRAPE JELLY	Wed - 1/17/2018 TONY'S BREAKFAST PI PINEAPPLE TIDBITS MILK 1% WHITE MILK FF CHOCOLATE CEREAL TOAST GRAPE JELLY	Thu - 1/18/2018 BREAKFAST BURRITO MANDARIN ORANGES MILK 1% WHITE MILK FF CHOCOLATE CEREAL TOAST GRAPE JELLY	Fri - 1/19/2018 BISCUIT GRAVY BISCUIT SAUSAGE PATTY CHILLED FRUIT 100% ORANGE JUICE MILK 1% WHITE MILK FF CHOCOLATE CEREAL TOAST GRAPE JELLY
Mon - 1/22/2018 PANCAKES PANCAKE SYRUP APPLESAUCE MILK 1% WHITE MILK FF CHOCOLATE CEREAL TOAST GRAPE JELLY	Tue - 1/23/2018 GRILLED EGG PATTIE BISCUIT GRAPE JELLY CHILLED PEARS MILK 1% WHITE MILK FF CHOCOLATE CEREAL TOAST	Wed - 1/24/2018 CINNAMON TOAST HOT OATMEAL SLICED PEACHES MILK 1% WHITE MILK FF CHOCOLATE CEREAL TOAST GRAPE JELLY	Thu - 1/25/2018 SAUSAGE ON A STICK PANCAKE SYRUP MIXED FRUIT MILK 1% WHITE MILK FF CHOCOLATE CEREAL TOAST GRAPE JELLY	Fri - 1/26/2018 BISCUIT GRAVY BISCUIT SAUSAGE PATTY CHILLED FRUIT 100% APPLE JUICE MILK 1% WHITE MILK FF CHOCOLATE CEREAL TOAST GRAPE JELLY

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

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Twin Rivers R10
 JANUARY 2018
 BREAKFAST MENU
 MIDDLE SCHOOLS FISK & QULIN

Dec 8, 2017

Monday	Tuesday	Wednesday	Thursday	Friday
Mon - 1/29/2018	Tue - 1/30/2018	Wed - 1/31/2018		
AUNT JEMIMA WAFFLE PANCAKE SYRUP BLUEBERRIES MILK 1% WHITE MILK FF CHOCOLATE CEREAL TOAST GRAPE JELLY	SLICED HAM BISCUIT SLICED PEACHES MILK 1% WHITE MILK FF CHOCOLATE CEREAL TOAST GRAPE JELLY	TONY'S BREAKFAST PI PINEAPPLE TIDBITS MILK 1% WHITE MILK FF CHOCOLATE CEREAL TOAST GRAPE JELLY		

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Twin Rivers R10
JANUARY 2018
LUNCH MENU
MIDDLE SCHOOLS FISK & QULIN

Monday	Tuesday	Wednesday	Thursday	Friday
Mon - 1/1/2018	Tue - 1/2/2018	Wed - 1/3/2018	Thu - 1/4/2018 CHICKEN PATTY GREEN BEANS MASHED POTATOES HOT ROLL PINEAPPLE TIDBITS MILK 1% WHITE MILK FF CHOCOLATE	Fri - 1/5/2018 GRILLED CHEESE SANDWICH TOMATO SOUP GARDEN SALAD RANCH DRESSING CHILLED PEARS MILK 1% WHITE MILK FF CHOCOLATE
Mon - 1/8/2018 SPAGHETTI BREADSTICK BROCCOLI, SEASONED GARDEN SALAD RANCH DRESSING APPLE, FRESH MILK 1% WHITE MILK FF CHOCOLATE	Tue - 1/9/2018 TONY'S PEPPERONI PIZZA PASTA SALAD PINTO BEANS BABY CARROTS PINEAPPLE TIDBITS MILK 1% WHITE MILK FF CHOCOLATE	Wed - 1/10/2018 SALISBURY STEAK GREEN BEANS MASHED POTATOES HOT ROLL MANDARIN ORANGES MILK 1% WHITE MILK FF CHOCOLATE	Thu - 1/11/2018 CORN DOG SWEET POTATO FRIES SEASONED GREEN PEAS CHILLED PEARS MILK 1% WHITE MILK FF CHOCOLATE	Fri - 1/12/2018 CHICKEN FAJITA MEXICAN CORN CALIFORNIA VEGETABLE WHOLE WHEAT SUGAR APPLE SAUCE MILK 1% WHITE MILK FF CHOCOLATE
Mon - 1/15/2018	Tue - 1/16/2018 PIZZA STICKS BROCCOLI, SEASONED GARDEN SALAD RANCH DRESSING MIXED FRUIT MILK 1% WHITE MILK FF CHOCOLATE	Wed - 1/17/2018 CHICKEN PATTY GREEN BEANS MASHED POTATOES HOT ROLL PINEAPPLE TIDBITS MILK 1% WHITE MILK FF CHOCOLATE	Thu - 1/18/2018 CHEESEBURGER SWEET POTATO FRIES BLACK-EYED PEAS HOT ROLL APPLE, FRESH MILK 1% WHITE MILK FF CHOCOLATE	Fri - 1/19/2018 HOT HAM SANDWICH VEGETABLE SOUP CRACKERS GARDEN SALAD RANCH DRESSING FRESH BANANA MILK 1% WHITE MILK FF CHOCOLATE
Mon - 1/22/2018 SPAGHETTI BREADSTICK BROCCOLI, SEASONED GARDEN SALAD RANCH DRESSING APPLE, FRESH MILK 1% WHITE MILK FF CHOCOLATE	Tue - 1/23/2018 TONY'S PEPPERONI PIZZA PASTA SALAD PINTO BEANS BABY CARROTS PINEAPPLE TIDBITS MILK 1% WHITE MILK FF CHOCOLATE	Wed - 1/24/2018 CHICKEN PATTY GREEN BEANS MASHED POTATOES HOT ROLL MIXED FRUIT MILK 1% WHITE MILK FF CHOCOLATE	Thu - 1/25/2018 PEANUT BUTTER SANDWICH CHILI GARDEN SALAD RANCH DRESSING SLICED PEACHES MILK 1% WHITE MILK FF CHOCOLATE	Fri - 1/26/2018 CHICKEN PATTY ON BUN SWEET POTATO TOTS SEASONED GREEN PEAS CHILLED PEARS MILK 1% WHITE MILK FF CHOCOLATE
Mon - 1/29/2018 CHEESEBURGER SWEET POTATO FRIES BLACK-EYED PEAS ORANGE WEDGES MIXED FRUIT MILK 1% WHITE MILK FF CHOCOLATE	Tue - 1/30/2018 CHICKEN POT PIE GARDEN SALAD RANCH DRESSING APPLE SAUCE MILK 1% WHITE MILK FF CHOCOLATE	Wed - 1/31/2018 SALISBURY STEAK GREEN BEANS MASHED POTATOES HOT ROLL PINEAPPLE TIDBITS MILK 1% WHITE MILK FF CHOCOLATE		

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