

Twin Rivers R10
APRIL 2018
BREAKFAST MENU
MIDDLE SCHOOLS FISK & QULIN

Monday	Tuesday	Wednesday	Thursday	Friday
Mon - 4/2/2018	Tue - 4/3/2018 PANCAKES PANCAKE SYRUP APPLESAUCE MILK 1% WHITE MILK FF CHOCOLATE CEREAL TOAST GRAPE JELLY	Wed - 4/4/2018 CINNAMON TOAST HOT OATMEAL SLICED PEACHES MILK 1% WHITE MILK FF CHOCOLATE CEREAL TOAST GRAPE JELLY	Thu - 4/5/2018 SAUSAGE ON A STICK PANCAKE SYRUP MIXED FRUIT MILK 1% WHITE MILK FF CHOCOLATE CEREAL TOAST GRAPE JELLY	Fri - 4/6/2018 BISCUIT GRAVY BISCUIT SAUSAGE PATTY CHILLED FRUIT 100% APPLE JUICE MILK 1% WHITE MILK FF CHOCOLATE CEREAL TOAST GRAPE JELLY
Mon - 4/9/2018 AUNT JEMIMA WAFFLE PANCAKE SYRUP BLUEBERRIES MILK 1% WHITE MILK FF CHOCOLATE CEREAL TOAST GRAPE JELLY	Tue - 4/10/2018 SLICED HAM BISCUIT SLICED PEACHES MILK 1% WHITE MILK FF CHOCOLATE CEREAL TOAST GRAPE JELLY	Wed - 4/11/2018 TONY'S BREAKFAST PI PINEAPPLE TIDBITS MILK 1% WHITE MILK FF CHOCOLATE CEREAL TOAST GRAPE JELLY	Thu - 4/12/2018 BREAKFAST BURRITO MANDARIN ORANGES MILK 1% WHITE MILK FF CHOCOLATE CEREAL TOAST GRAPE JELLY	Fri - 4/13/2018 BISCUIT GRAVY BISCUIT SAUSAGE PATTY CHILLED FRUIT 100% ORANGE JUICE MILK 1% WHITE MILK FF CHOCOLATE CEREAL TOAST GRAPE JELLY
Mon - 4/16/2018 PANCAKES PANCAKE SYRUP APPLESAUCE MILK 1% WHITE MILK FF CHOCOLATE CEREAL TOAST GRAPE JELLY	Tue - 4/17/2018 GRILLED EGG PATTIE BISCUIT GRAPE JELLY CHILLED PEARS MILK 1% WHITE MILK FF CHOCOLATE CEREAL TOAST	Wed - 4/18/2018 CINNAMON TOAST HOT OATMEAL SLICED PEACHES MILK 1% WHITE MILK FF CHOCOLATE CEREAL TOAST GRAPE JELLY	Thu - 4/19/2018 SAUSAGE ON A STICK PANCAKE SYRUP MIXED FRUIT MILK 1% WHITE MILK FF CHOCOLATE CEREAL TOAST GRAPE JELLY	Fri - 4/20/2018 BISCUIT GRAVY BISCUIT SAUSAGE PATTY CHILLED FRUIT 100% APPLE JUICE MILK 1% WHITE MILK FF CHOCOLATE CEREAL TOAST GRAPE JELLY
Mon - 4/23/2018 AUNT JEMIMA WAFFLE PANCAKE SYRUP BLUEBERRIES MILK 1% WHITE MILK FF CHOCOLATE CEREAL TOAST GRAPE JELLY	Tue - 4/24/2018 SLICED HAM BISCUIT SLICED PEACHES MILK 1% WHITE MILK FF CHOCOLATE CEREAL TOAST GRAPE JELLY	Wed - 4/25/2018 TONY'S BREAKFAST PI PINEAPPLE TIDBITS MILK 1% WHITE MILK FF CHOCOLATE CEREAL TOAST GRAPE JELLY	Thu - 4/26/2018 BREAKFAST BURRITO MANDARIN ORANGES MILK 1% WHITE MILK FF CHOCOLATE CEREAL TOAST GRAPE JELLY	Fri - 4/27/2018 BISCUIT GRAVY BISCUIT SAUSAGE PATTY CHILLED FRUIT 100% ORANGE JUICE MILK 1% WHITE MILK FF CHOCOLATE CEREAL TOAST GRAPE JELLY

Twin Rivers R-10 School District does not discriminate on the basis of race, color, religion, gender, national origin, age, or disability in its programs and activities.

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Twin Rivers R10
APRIL 2018
LUNCH MENU
MIDDLE SCHOOLS FISK & QULIN

Monday	Tuesday	Wednesday	Thursday	Friday
	Tue - 4/3/2018 TONY'S PEPPERONI PIZ PASTA SALAD PINTO BEANS BABY CARROTS PINEAPPLE TIDBITS MILK 1% WHITE MILK FF CHOCOLATE	Wed - 4/4/2018 SALISBURY STEAK GREEN BEANS MASHED POTATOES HOT ROLL MANDARIN ORANGES MILK 1% WHITE MILK FF CHOCOLATE	Thu - 4/5/2018 CORN DOG SWEET POTATO FRIES SEASONED GREEN PE CHILLED PEARS MILK 1% WHITE MILK FF CHOCOLATE	Fri - 4/6/2018 CHICKEN FAJITA MEXICALI CORN CALIBLEND VEGETABL WHOLE WHEAT SUGAR APPLESAUCE MILK 1% WHITE MILK FF CHOCOLATE
Mon - 4/9/2018 PIZZA STICKS BROCCOLI, SEASONED GARDEN SALAD RANCH DRESSING MIXED FRUIT MILK 1% WHITE MILK FF CHOCOLATE	Tue - 4/10/2018 CHEESEBURGER SWEET POTATO FRIES BLACK-EYED PEAS APPLE,FRESH MILK 1% WHITE MILK FF CHOCOLATE	Wed - 4/11/2018 MEAT LOAF GREEN BEANS MASHED POTATOES HOT ROLL PINEAPPLE TIDBITS MILK 1% WHITE MILK FF CHOCOLATE	Thu - 4/12/2018 FRITO PIE SEASONED CARROTS SEASONED CORN COBBLER, PEACH SLICED PEACHES MILK 1% WHITE MILK FF CHOCOLATE	Fri - 4/13/2018 HOT HAM SANDWICH VEGETABLE SOUP CRACKERS GARDEN SALAD RANCH DRESSING FRESH BANANA MILK 1% WHITE MILK FF CHOCOLATE
Mon - 4/16/2018 SPAGHETTI BREADSTICK BROCCOLI, SEASONED GARDEN SALAD RANCH DRESSING APPLE,FRESH MILK 1% WHITE MILK FF CHOCOLATE	Tue - 4/17/2018 TONY'S PEPPERONI PIZ PASTA SALAD PINTO BEANS BABY CARROTS PINEAPPLE TIDBITS MILK 1% WHITE MILK FF CHOCOLATE	Wed - 4/18/2018 CHICKEN PATTY GREEN BEANS MASHED POTATOES HOT ROLL MIXED FRUIT MILK 1% WHITE MILK FF CHOCOLATE	Thu - 4/19/2018 PEANUT BUTTER SAND CHILI GARDEN SALAD RANCH DRESSING SLICED PEACHES MILK 1% WHITE MILK FF CHOCOLATE	Fri - 4/20/2018 CHICKEN PATTY ON BU SWEET POTATO TOTS SEASONED GREEN PE CHILLED PEARS MILK 1% WHITE MILK FF CHOCOLATE
Mon - 4/23/2018 CHEESEBURGER SWEET POTATO FRIES BLACK-EYED PEAS ORANGE WEDGES MIXED FRUIT MILK 1% WHITE MILK FF CHOCOLATE	Tue - 4/24/2018 CHICKEN POT PIE GARDEN SALAD RANCH DRESSING APPLESAUCE MILK 1% WHITE MILK FF CHOCOLATE	Wed - 4/25/2018 SALISBURY STEAK GREEN BEANS MASHED POTATOES HOT ROLL PINEAPPLE TIDBITS MILK 1% WHITE MILK FF CHOCOLATE	Thu - 4/26/2018 CORN DOG SEASONED GREEN PE SEASONED BROCCOLI BLUE RASPBERRY SOR SLICED PEACHES MILK 1% WHITE MILK FF CHOCOLATE	Fri - 4/27/2018 FRITO PIE SEASONED CARROTS SEASONED CORN COBBLER, PEACH SLICED PEACHES MILK 1% WHITE MILK FF CHOCOLATE

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