

US Foods

Twin Rivers 9-12

Oct 19, 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
			Nov - 1 Salad Bar Caesar Chicken Salad Combo Sub Sandwich Garlic Toast Baby Carrots Fresh Broccoli Florettes Ranch Dressing FF Choice Of Fruit Assorted Milk	Nov - 2 Salad Bar Corn Dog Chicken WG Ketchup & Mustard Turkey Gyro Crinkle Cut FF 1/2" Ketchup Packets Tossed Salad Choice Of Fruit Assorted Milk Chocolate Chip Cookie	Avg Nutrients Target Cals... 788 100% Sodium. 1590 mg S.Fat 4.5g 5.2%Cal
Nov - 5 Salad Bar Tangerine Chicken Cheeseburger W/Bun Ketchup & Mustard Crinkle Cut FF 1/2" Ketchup Packets Fresh Broccoli Florettes Ranch Dressing FF Choice Of Fruit Assorted Milk Chocolate Chip Cookie	Nov - 6 Salad Bar Frito Chili Pie BBQ Pork Rib Sandwich Vegetable Blend 4-Way French Fries Ketchup Packets Choice Of Fruit Assorted Milk	Nov - 7 Salad Bar Chicken Strips Assorted Dipping Sauce Hot Ham & Cheese Breadstick Pork And Beans Tossed Salad Choice Of Fruit Assorted Milk	Nov - 8 Salad Bar Spaghetti & Meat Sauce Corn Dog Chicken WG Ketchup & Mustard Green Beans Tossed Salad Garlic Toast Choice Of Fruit Assorted Milk	Nov - 9 Salad Bar Pizza Pepperoni WG Sloppy Joe Green Peas Baby Carrots Ranch Dressing FF Choice Of Fruit Assorted Milk Chocolate Chip Cookie	Avg Nutrients Target Cals... 780 100% Sodium. 1388 mg S.Fat 4.8g 5.5%Cal
Nov - 12 NO SCHOOL TODAY	Nov - 13 NO SCHOOL TODAY	Nov - 14 Salad Bar Meatball Sub Open Face Turkey Tossed Salad Vegetable Blend 4-Way Choice Of Fruit Assorted Milk Chocolate Chip Cookie	Nov - 15 Salad Bar Breaded Chicken Chunks Assorted Dipping Sauce Sausage Egg Chs Biscuit Breadstick French Fries Ketchup Packets Tossed Salad Choice Of Fruit Assorted Milk	Nov - 16 Salad Bar Turkey Roast Turkey Gravy Chicken Tetrazzini Mashed Potatoes/Gravy Cole Slaw Wheat Roll Choice Of Fruit Assorted Milk Pumpkin Cake	Avg Nutrients Target Cals... 811 100% Sodium. 1406 mg S.Fat 6.0g 6.6%Cal

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Nov - 19 Salad Bar Turkey Biscuit Pie Combo Sub Sandwich Tossed Salad Sliced Carrots Choice Of Fruit Assorted Milk Chocolate Chip Cookie Nov - 26 Salad Bar Hot Ham & Cheese Spaghetti & Meat Sauce Garlic Toast Green Beans Tossed Salad Choice Of Fruit Assorted Milk Chocolate Chip Cookie	Nov - 20 Salad Bar Chicken Crispito Honey Pork Slider Refried Beans w/Cheese Tortilla Chips Vegetable Blend 4-Way Choice Of Fruit Assorted Milk Nov - 27 Salad Bar Brd Beef Fingers w/Grvy Beef & Bean Burrito WG Refried Beans w/Cheese Tortilla Chips Tossed Salad Choice Of Fruit Assorted Milk	Nov - 21 NO SCHOOL TODAY Nov - 28 Salad Bar Tangerine Chicken Sloppy Joe Crinkle Cut FF 1/2" Ketchup Packets Baby Carrots Ranch Dressing FF Choice Of Fruit Assorted Milk	Nov - 22 NO SCHOOL TODAY Nov - 29 Salad Bar Chicken Sandwich Sausage Egg Chs Biscuit Sliced Carrots Green Beans Choice Of Fruit Assorted Milk Chocolate Chip Cookie	Nov - 23 NO SCHOOL TODAY Nov - 30 Salad Bar BBQ Pork Rib Sandwich Bosco Pizza Stick Marinara Dipping Cup Breadstick Vegetable Blend 4-Way Tossed Salad Choice Of Fruit Assorted Milk	Avg Nutrients Target Cals... 839 100% Sodium. 1270 mg S.Fat 7.5g 8.1%Cal Avg Nutrients Target Cals... 796 100% Sodium. 1274 mg S.Fat 5.8g 6.5%Cal Avg Nutrients Target Cals... 843 100% Sodium. 1265 mg S.Fat 6.6g 7.1%Cal
Dec - 3 Salad Bar Chicken Crispito Meatball Sub Sun Chips Multigrain Pinto Beans Baby Carrots Ranch Dressing FF Choice Of Fruit Assorted Milk	Dec - 4 Salad Bar Chicken Penne Cheeseburger W/Bun Ketchup & Mustard Garlic Toast French Fries Ketchup Packets Vegetable Blend 4-Way Choice Of Fruit Assorted Milk	Dec - 5 Salad Bar Bosco Pizza Stick Chicken Sandwich Cole Slaw Baby Carrots Ranch Dressing FF Choice Of Fruit Assorted Milk Chocolate Chip Cookie	Dec - 6 Salad Bar Chili With Beans Peanut Butter Sandwich Broccoli & Cheese Tossed Salad Saltine Cracker WG Choice Of Fruit Assorted Milk	Dec - 7 Salad Bar Pizza Pepperoni WG Meat Loaf Green Beans Tossed Salad Breadstick Choice Of Fruit Assorted Milk Chocolate Chip Cookie	

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Dec - 10 Salad Bar Beef Tacos Taco Sauce Packet Breaded Chicken Chunks Assorted Dipping Sauce Pinto Beans Breadstick Tossed Salad Choice Of Fruit Assorted Milk	Dec - 11 Salad Bar Beef Ravioli CN Chicken Quesadilla Salsa Garlic Toast Baby Carrots Ranch Dressing FF Tossed Salad Choice Of Fruit Assorted Milk Chocolate Chip Cookie	Dec - 12 Salad Bar Chicken Fried Steak Chicken Salad Sandwich Mashed Potatoes/Gravy Breadstick Vegetable Blend 4-Way Choice Of Fruit Assorted Milk	Dec - 13 Salad Bar Caesar Chicken Salad Combo Sub Sandwich Garlic Toast Baby Carrots Fresh Broccoli Florettes Ranch Dressing FF Choice Of Fruit Assorted Milk	Dec - 14 Salad Bar Corn Dog Chicken WG Ketchup & Mustard Turkey Roast Turkey Gravy Mashed Potatoes/Gravy Tossed Salad Choice Of Fruit Assorted Milk Chocolate Chip Cookie	Avg Nutrients Target Cals... 766 100% Sodium. 1398 mg S.Fat 4.5g 5.3%Cal
Dec - 17 Salad Bar Tangerine Chicken Cheeseburger W/Bun Ketchup & Mustard Crinkle Cut FF 1/2" Ketchup Packets Fresh Broccoli Florettes Ranch Dressing FF Choice Of Fruit Assorted Milk Chocolate Chip Cookie	Dec - 18 Salad Bar Frito Chili Pie BBQ Pork Rib Sandwich Vegetable Blend 4-Way French Fries Ketchup Packets Choice Of Fruit Assorted Milk	Dec - 19 Salad Bar Chicken Strips Assorted Dipping Sauce Hot Ham & Cheese Breadstick Pork And Beans Tossed Salad Choice Of Fruit Assorted Milk	Dec - 20 NO SCHOOL TODAY	Dec - 21 NO SCHOOL TODAY	Avg Nutrients Target Cals... 772 100% Sodium. 1377 mg S.Fat 4.8g 5.6%Cal
Dec - 24 NO SCHOOL TODAY	Dec - 25 NO SCHOOL TODAY	Dec - 26 NO SCHOOL TODAY	Dec - 27 NO SCHOOL TODAY	Dec - 28 NO SCHOOL TODAY	Avg Nutrients Target Cals... *N/A* Sodium. *N/A* mg S.Fat *N/A*g *N/A%Cal
Dec - 31 NO SCHOOL TODAY	Jan - 1 NO SCHOOL TODAY	Jan - 2 NO SCHOOL TODAY	Jan - 3 Salad Bar Breaded Chicken Chunks Assorted Dipping Sauce Sausage Egg Chs Biscuit Breadstick French Fries Ketchup Packets Tossed Salad Choice Of Fruit Assorted Milk	Jan - 4 Salad Bar Chicken Tetrizzini Chicken Fried Steak Mashed Potatoes/Gravy Cole Slaw Wheat Roll Margarine Spread TFF Choice Of Fruit Assorted Milk	Avg Nutrients Target Cals... 800 100% Sodium. 1373 mg S.Fat 7.2g 8.1%Cal

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	Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
Jan - 7	Salad Bar Turkey Biscuit Pie Combo Sub Sandwich Tossed Salad Sliced Carrots Choice Of Fruit Assorted Milk Chocolate Chip Cookie	Salad Bar Chicken Crispito Honey Pork Slider Refried Beans w/Cheese Tortilla Chips Vegetable Blend 4-Way Choice Of Fruit Assorted Milk	Salad Bar Potato Crunch Fish Stick Tartar Sauce Packet Salisbury Steak w/Gravy Green Beans Tossed Salad Wheat Roll Margarine Spread TFF Choice Of Fruit Assorted Milk	Salad Bar Chicken Patty W/Gravy Grilled Cheese Tomato Soup Broccoli Cuts Breadstick Choice Of Fruit Assorted Milk	Salad Bar Pizza Pepperoni WG Popcorn Chicken Assorted Dipping Sauce Crinkle Cut FF 1/2" Ketchup Packets Breadstick Tossed Salad Choice Of Fruit Assorted Milk	Avg Nutrients Target Cals... 784 100% Sodium. 1343 mg S.Fat 6.8g 7.8%Cal
Jan - 14	Salad Bar Hot Ham & Cheese Spaghetti & Meat Sauce Garlic Toast Green Beans Tossed Salad Choice Of Fruit Assorted Milk Chocolate Chip Cookie	Salad Bar Brd Beef Fingers w/Grvy Beef & Bean Burrito WG Refried Beans w/Cheese Tortilla Chips Tossed Salad Choice Of Fruit Assorted Milk	Salad Bar Tangerine Chicken Sloppy Joe Crinkle Cut FF 1/2" Ketchup Packets Baby Carrots Ranch Dressing FF Choice Of Fruit Assorted Milk	Salad Bar Chicken Sandwich Sausage Egg Chs Biscuit Sliced Carrots Green Beans Baby Carrots Assorted Milk Chocolate Chip Cookie	Salad Bar BBQ Pork Rib Sandwich Bosco Pizza Stick Marinara Dipping Cup Breadstick Vegetable Blend 4-Way Tossed Salad Choice Of Fruit Assorted Milk	Avg Nutrients Target Cals... 796 100% Sodium. 1274 mg S.Fat 5.8g 6.5%Cal
Jan - 21	NO SCHOOL TODAY	Salad Bar Chicken Penne Cheeseburger W/Bun Ketchup & Mustard Garlic Toast French Fries Ketchup Packets Vegetable Blend 4-Way Choice Of Fruit Assorted Milk	Salad Bar Bosco Pizza Stick Chicken Sandwich Cole Slaw Baby Carrots Ranch Dressing FF Choice Of Fruit Assorted Milk Chocolate Chip Cookie	Salad Bar Chili With Beans Peanut Butter Sandwich Broccoli & Cheese Tossed Salad Saltine Cracker WG Choice Of Fruit Assorted Milk	Salad Bar Pizza Pepperoni WG Meat Loaf Green Beans Tossed Salad Breadstick Choice Of Fruit Assorted Milk Chocolate Chip Cookie	Avg Nutrients Target Cals... 834 100% Sodium. 1262 mg S.Fat 6.3g 6.8%Cal

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Jan - 28	Jan - 29	Jan - 30	Jan - 31		
Salad Bar	Salad Bar	Salad Bar	Salad Bar		Avg Nutrients
Beef Tacos	Beef Ravioli CN	Chicken Fried Steak	Caesar Chicken Salad		Cals... 767 100%
Taco Sauce Packet	Chicken Quesadilla	Chicken Salad Sandwich	Combo Sub Sandwich		Sodium. 1322 mg
Breaded Chicken Chunks	Salsa	Mashed Potatoes/Gravy	Garlic Toast		S.Fat 4.5g 5.3%Cal
Assorted Dipping Sauce	Garlic Toast	Breadstick	Baby Carrots		
Pinto Beans	Baby Carrots	Vegetable Blend 4-Way	Fresh Broccoli Florettes		
Breadstick	Ranch Dressing FF	Choice Of Fruit	Ranch Dressing FF		
Tossed Salad	Tossed Salad	Assorted Milk	Choice Of Fruit		
Choice Of Fruit	Choice Of Fruit		Assorted Milk		
Assorted Milk	Assorted Milk				
	Chocolate Chip Cookie				

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