

US Foods
Twin Rivers 9-12

Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
			Aug - 16 Salad Bar BBQ Pork Rib Sandwich Bosco Pizza Stick Marinara Dipping Cup Breadstick Vegetable Blend 4-Way Tossed Salad Choice Of Fruit Assorted Milk	Aug - 17 Salad Bar Pizza Pepperoni WG Sloppy Joe Green Peas Baby Carrots Ranch Dressing FF Choice Of Fruit Assorted Milk Chocolate Chip Cookie	Avg Nutrients Target Cals... 783 100% Sodium. 1364 mg S.Fat 5.6g 6.5%Cal
Aug - 20 Salad Bar Chicken Sandwich Beef Ravioli CN Garlic Toast Pinto Beans Sweet Potato FF Ketchup Packets Choice Of Fruit Assorted Milk	Aug - 21 Salad Bar Nachos Supreme White Chicken Chili Saltine Cracker WG Green Beans Baby Carrots Ranch Dressing FF Choice Of Fruit Assorted Milk	Aug - 22 Salad Bar Meatball Sub Open Face Turkey Tossed Salad Vegetable Blend 4-Way Choice Of Fruit Assorted Milk Chocolate Chip Cookie	Aug - 23 Salad Bar Breaded Chicken Chunks Assorted Dipping Sauce HotDog w/Bun Ketchup & Mustard Breadstick French Fries Ketchup Packets Tossed Salad Choice Of Fruit Assorted Milk	Aug - 24 Salad Bar Chicken Tetrzzini Chicken Fried Steak Mashed Potatoes/Gravy Cole Slaw Wheat Roll Margarine Spread TFF Choice Of Fruit Assorted Milk	Avg Nutrients Target Cals... 786 100% Sodium. 1385 mg S.Fat 5.1g 5.9%Cal
Aug - 27 Salad Bar Turkey Biscuit Pie Combo Sub Sandwich Tossed Salad Sliced Carrots Choice Of Fruit Assorted Milk Chocolate Chip Cookie	Aug - 28 Salad Bar Chicken Crispito Honey Pork Slider Refried Beans w/Cheese Tortilla Chips Vegetable Blend 4-Way Choice Of Fruit Assorted Milk	Aug - 29 Salad Bar Potato Crunch Fish Stick Tartar Sauce Packet Salisbury Steak w/Gravy Green Beans Tossed Salad Wheat Roll Margarine Spread TFF Choice Of Fruit Assorted Milk	Aug - 30 Salad Bar Chicken Patty W/Gravy Grilled Cheese Tomato Soup Broccoli Cuts Breadstick Choice Of Fruit Assorted Milk	Aug - 31 Salad Bar Pizza Pepperoni WG Popcorn Chicken Assorted Dipping Sauce Crinkle Cut FF 1/2" Ketchup Packets Breadstick Tossed Salad Choice Of Fruit Assorted Milk	Avg Nutrients Target Cals... 784 100% Sodium. 1343 mg S.Fat 6.8g 7.8%Cal

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

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Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
Sep - 3 NO SCHOOL TODAY	Sep - 4 Salad Bar Brd Beef Fingers w/Grvy Beef & Bean Burrito WG Refried Beans w/Cheese Tortilla Chips Tossed Salad Choice Of Fruit Assorted Milk	Sep - 5 Salad Bar Tangerine Chicken Sloppy Joe Crinkle Cut FF 1/2" Ketchup Packets Baby Carrots Ranch Dressing FF Choice Of Fruit Assorted Milk	Sep - 6 Salad Bar Chicken Sandwich Sausage Egg Chs Biscuit Sliced Carrots Green Beans Choice Of Fruit Assorted Milk Chocolate Chip Cookie	Sep - 7 Salad Bar BBQ Pork Rib Sandwich HotDog w/Bun Ketchup & Mustard Vegetable Blend 4-Way French Fries Ketchup Packets Choice Of Fruit Assorted Milk	Avg Nutrients Target Cals... 773 100% Sodium. 1248 mg S.Fat 5.6g 6.6%Cal
Sep - 10 Salad Bar Chicken Crispito Meatball Sub Sun Chips Multigrain Pinto Beans Baby Carrots Ranch Dressing FF Choice Of Fruit Assorted Milk	Sep - 11 Salad Bar Chicken Penne Cheeseburger W/Bun Ketchup & Mustard Garlic Toast French Fries Ketchup Packets Vegetable Blend 4-Way Choice Of Fruit Assorted Milk	Sep - 12 Salad Bar Bosco Pizza Stick Chicken Sandwich Cole Slaw Baby Carrots Ranch Dressing FF Choice Of Fruit Assorted Milk Chocolate Chip Cookie	Sep - 13 Salad Bar Ham and Beans Popcorn Chicken Assorted Dipping Sauce Broccoli & Cheese Tossed Salad Wheat Roll Margarine Spread TFF Choice Of Fruit Assorted Milk	Sep - 14 Salad Bar Pizza Pepperoni WG Meat Loaf Green Beans Tossed Salad Breadstick Choice Of Fruit Assorted Milk Chocolate Chip Cookie	Avg Nutrients Target Cals... 831 100% Sodium. 1285 mg S.Fat 6.5g 7.0%Cal
Sep - 17 Salad Bar Beef Tacos Taco Sauce Packet Breaded Chicken Chunks Assorted Dipping Sauce Pinto Beans Breadstick Tossed Salad Choice Of Fruit Assorted Milk	Sep - 18 Salad Bar Beef Ravioli CN Chicken Quesadilla Salsa Garlic Toast Baby Carrots Ranch Dressing FF Tossed Salad Choice Of Fruit Assorted Milk Chocolate Chip Cookie	Sep - 19 Salad Bar Chicken Fried Steak Chicken Salad Sandwich Mashed Potatoes/Gravy Breadstick Vegetable Blend 4-Way Choice Of Fruit Assorted Milk	Sep - 20 Salad Bar Caesar Chicken Salad Combo Sub Sandwich Garlic Toast Baby Carrots Fresh Broccoli Florettes Ranch Dressing FF Choice Of Fruit Assorted Milk	Sep - 21 NO SCHOOL TODAY	Avg Nutrients Target Cals... 800 100% Sodium. 1350 mg S.Fat 5.2g 5.8%Cal

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Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
Sep - 24 Salad Bar Tangerine Chicken Cheeseburger W/Bun Ketchup & Mustard Crinkle Cut FF 1/2" Ketchup Packets Fresh Broccoli Florettes Ranch Dressing FF Choice Of Fruit Assorted Milk Chocolate Chip Cookie	Sep - 25 Salad Bar BBQ Pork Rib Sandwich Bosco Pizza Stick Marinara Dipping Cup Breadstick Vegetable Blend 4-Way Tossed Salad Choice Of Fruit Assorted Milk	Sep - 26 Salad Bar Chicken Strips Assorted Dipping Sauce Hot Ham & Cheese Breadstick Pork And Beans Tossed Salad Choice Of Fruit Assorted Milk	Sep - 27 Salad Bar Spaghetti & Meat Sauce Corn Dog Chicken WG Ketchup & Mustard Green Beans Pork And Beans Tossed Salad Garlic Toast Choice Of Fruit Assorted Milk	Sep - 28 Salad Bar Pizza Pepperoni WG Sloppy Joe Green Peas Baby Carrots Ranch Dressing FF Choice Of Fruit Assorted Milk Chocolate Chip Cookie	Avg Nutrients Target Cals... 777 100% Sodium. 1406 mg S.Fat 4.7g 5.5%Cal
Oct - 1 Salad Bar Chicken Tetrazzini Chicken Fried Steak Mashed Potatoes/Gravy Cole Slaw Wheat Roll Margarine Spread TFF Choice Of Fruit Assorted Milk	Oct - 2 Salad Bar Nachos Supreme White Chicken Chili Saltine Cracker WG Green Beans Baby Carrots Ranch Dressing FF Choice Of Fruit Assorted Milk	Oct - 3 Salad Bar Meatball Sub Open Face Turkey Tossed Salad Vegetable Blend 4-Way Choice Of Fruit Assorted Milk Chocolate Chip Cookie	Oct - 4 Salad Bar Breaded Chicken Chunks Assorted Dipping Sauce HotDog w/Bun Ketchup & Mustard Breadstick French Fries Ketchup Packets Tossed Salad Choice Of Fruit Assorted Milk	Oct - 5 NO SCHOOL TODAY	Avg Nutrients Target Cals... 769 100% Sodium. 1393 mg S.Fat 5.5g 6.4%Cal
Oct - 8 NO SCHOOL TODAY	Oct - 9 Salad Bar Chicken Crispito Honey Pork Slider Refried Beans w/Cheese Tortilla Chips Vegetable Blend 4-Way Choice Of Fruit Assorted Milk	Oct - 10 Salad Bar Potato Crunch Fish Stick Tartar Sauce Packet Salisbury Steak w/Gravy Green Beans Tossed Salad Wheat Roll Margarine Spread TFF Choice Of Fruit Assorted Milk	Oct - 11 Salad Bar Chicken Patty W/Gravy Grilled Cheese Tomato Soup Broccoli Cuts Breadstick Choice Of Fruit Assorted Milk	Oct - 12 Salad Bar Pizza Pepperoni WG Popcorn Chicken Assorted Dipping Sauce Crinkle Cut FF 1/2" Ketchup Packets Breadstick Tossed Salad Choice Of Fruit Assorted Milk	Avg Nutrients Target Cals... 776 100% Sodium. 1296 mg S.Fat 7.0g 8.1%Cal

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Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
Oct - 15 Salad Bar Hot Ham & Cheese Spaghetti & Meat Sauce Garlic Toast Green Beans Tossed Salad Choice Of Fruit Assorted Milk Chocolate Chip Cookie	Oct - 16 Salad Bar Brd Beef Fingers w/Grvy Beef & Bean Burrito WG Refried Beans w/Cheese Tortilla Chips Tossed Salad Choice Of Fruit Assorted Milk	Oct - 17 Salad Bar Tangerine Chicken Sloppy Joe Crinkle Cut FF 1/2" Ketchup Packets Tossed Salad Ranch Dressing FF Choice Of Fruit Assorted Milk	Oct - 18 Salad Bar Chicken Sandwich Sausage Egg Chs Biscuit Sliced Carrots Green Beans Choice Of Fruit Assorted Milk Chocolate Chip Cookie	Oct - 19 Salad Bar BBQ Pork Rib Sandwich HotDog w/Bun Ketchup & Mustard Vegetable Blend 4-Way French Fries Ketchup Packets Choice Of Fruit Assorted Milk	Avg Nutrients Target Cals... 791 100% Sodium. 1306 mg S.Fat 5.6g 6.4%Cal
Oct - 22 Salad Bar Chicken Crispito Meatball Sub Sun Chips Multigrain Pinto Beans Baby Carrots Ranch Dressing FF Choice Of Fruit Assorted Milk	Oct - 23 Salad Bar Chicken Penne Cheeseburger W/Bun Ketchup & Mustard Garlic Toast French Fries Ketchup Packets Vegetable Blend 4-Way Choice Of Fruit Assorted Milk	Oct - 24 Salad Bar Bosco Pizza Stick Chicken Sandwich Cole Slaw Baby Carrots Ranch Dressing FF Choice Of Fruit Assorted Milk Chocolate Chip Cookie	Oct - 25 Salad Bar Ham and Beans Popcorn Chicken Assorted Dipping Sauce Broccoli & Cheese Tossed Salad Wheat Roll Margarine Spread TFF Choice Of Fruit Assorted Milk	Oct - 26 Salad Bar Pizza Pepperoni WG Meat Loaf Green Beans Tossed Salad Breadstick Choice Of Fruit Assorted Milk Chocolate Chip Cookie	Avg Nutrients Target Cals... 831 100% Sodium. 1285 mg S.Fat 6.5g 7.0%Cal
Oct - 29 Salad Bar Beef Tacos Taco Sauce Packet Breaded Chicken Chunks Assorted Dipping Sauce Pinto Beans Breadstick Tossed Salad Choice Of Fruit Assorted Milk	Oct - 30 Salad Bar Beef Ravioli CN Chicken Quesadilla Salsa Garlic Toast Baby Carrots Ranch Dressing FF Tossed Salad Choice Of Fruit Assorted Milk Chocolate Chip Cookie	Oct - 31 Salad Bar Chicken Fried Steak Chicken Salad Sandwich Mashed Potatoes/Gravy Breadstick Vegetable Blend 4-Way Choice Of Fruit Assorted Milk			Avg Nutrients Target Cals... 824 100% Sodium. 1260 mg S.Fat 5.4g 5.9%Cal

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