

# US Foods

## Twin Rivers Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
			Aug - 16 Mini Eggo Waffles Cereal w/Toast Fruit or Juice Assorted Milk	Aug - 17 Biscuits & Gravy Cereal w/Toast Fruit or Juice Assorted Milk	Avg Nutrients Target Cals... 452 100% Sodium. 517 mg S.Fat 2.7g 5.4%Cal
Aug - 20 Egg & Cheese Biscuit Cereal w/Toast Fruit or Juice Assorted Milk	Aug - 21 Glazed Cinnamon Roll Cereal w/Toast Fruit or Juice Assorted Milk	Aug - 22 Turkey Pancake Wrap Cereal w/Toast Fruit or Juice Assorted Milk	Aug - 23 Yogurt w/Toast Cereal w/Toast Fruit or Juice Assorted Milk	Aug - 24 Biscuits & Gravy Cereal w/Toast Fruit or Juice Assorted Milk	Avg Nutrients Target Cals... 463 100% Sodium. 519 mg S.Fat 2.4g 4.7%Cal
Aug - 27 Grilled Egg & Toast Cereal w/Toast Fruit or Juice Assorted Milk	Aug - 28 Waffles Pancake Syrup Cup Cereal w/Toast Fruit or Juice Assorted Milk	Aug - 29 Muffin Choice Cereal w/Toast Fruit or Juice Assorted Milk	Aug - 30 Mini Donuts Cereal w/Toast Fruit or Juice Assorted Milk	Aug - 31 Biscuits & Gravy Cereal w/Toast Fruit or Juice Assorted Milk	Avg Nutrients Target Cals... 463 100% Sodium. 470 mg S.Fat 2.6g 5.1%Cal
Sep - 3 NO SCHOOL TODAY	Sep - 4 Breakfast Pizza Sausage Cereal w/Toast Fruit or Juice Assorted Milk	Sep - 5 French Toast Sticks Pancake Syrup Cup Cereal w/Toast Fruit or Juice Assorted Milk	Sep - 6 Cereal Bar & Yogurt Cereal w/Toast Fruit or Juice Assorted Milk	Sep - 7 Biscuits & Gravy Cereal w/Toast Fruit or Juice Assorted Milk	Avg Nutrients Target Cals... 470 100% Sodium. 510 mg S.Fat 1.8g 3.4%Cal
Sep - 10 Glazed Donut WG Cereal w/Toast Fruit or Juice Assorted Milk	Sep - 11 Mini Eggo Waffles Cereal w/Toast Fruit or Juice Assorted Milk	Sep - 12 Breakfast Burrito WG Cereal w/Toast Fruit or Juice Assorted Milk	Sep - 13 Pancakes WG Pancake Syrup Cup Cereal w/Toast Fruit or Juice Assorted Milk	Sep - 14 Biscuits & Gravy Cereal w/Toast Fruit or Juice Assorted Milk	Avg Nutrients Target Cals... 465 100% Sodium. 517 mg S.Fat 2.6g 5.0%Cal
Sep - 17 Glazed Cinnamon Roll Cereal w/Toast Fruit or Juice Assorted Milk	Sep - 18 Turkey Pancake Wrap Cereal w/Toast Fruit or Juice Assorted Milk	Sep - 19 Yogurt w/Toast Cereal w/Toast Fruit or Juice Assorted Milk	Sep - 20 Biscuits & Gravy Cereal w/Toast Fruit or Juice Assorted Milk	Sep - 21 NO SCHOOL TODAY	Avg Nutrients Target Cals... 453 100% Sodium. 485 mg S.Fat 1.7g 3.4%Cal

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**

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Sep - 24 Grilled Egg & Toast Cereal w/Toast Fruit or Juice Assorted Milk	Sep - 25 Waffles Pancake Syrup Cup Cereal w/Toast Fruit or Juice Assorted Milk	Sep - 26 Muffin Choice Cereal w/Toast Fruit or Juice Assorted Milk	Sep - 27 Mini Donuts Cereal w/Toast Fruit or Juice Assorted Milk	Sep - 28 Biscuits & Gravy Cereal w/Toast Fruit or Juice Assorted Milk	Avg Nutrients Target Cals... 463 100% Sodium. 470 mg S.Fat 2.6g 5.1%Cal
Oct - 1 Breakfast Pizza Sausage Cereal w/Toast Fruit or Juice Assorted Milk	Oct - 2 French Toast Sticks Pancake Syrup Cup Cereal w/Toast Fruit or Juice Assorted Milk	Oct - 3 Cereal Bar & Yogurt Cereal w/Toast Fruit or Juice Assorted Milk	Oct - 4 Biscuits & Gravy Cereal w/Toast Fruit or Juice Assorted Milk	Oct - 5 NO SCHOOL TODAY	Avg Nutrients Target Cals... 470 100% Sodium. 510 mg S.Fat 1.8g 3.4%Cal
Oct - 8 NO SCHOOL TODAY	Oct - 9 Mini Eggo Waffles Cereal w/Toast Fruit or Juice Assorted Milk	Oct - 10 Breakfast Burrito WG Cereal w/Toast Fruit or Juice Assorted Milk	Oct - 11 Pancakes WG Pancake Syrup Cup Cereal w/Toast Fruit or Juice Assorted Milk	Oct - 12 Biscuits & Gravy Cereal w/Toast Fruit or Juice Assorted Milk	Avg Nutrients Target Cals... 446 99% Sodium. 527 mg S.Fat 1.8g 3.7%Cal
Oct - 15 Egg & Cheese Biscuit Cereal w/Toast Fruit or Juice Assorted Milk	Oct - 16 Glazed Cinnamon Roll Cereal w/Toast Fruit or Juice Assorted Milk	Oct - 17 Turkey Pancake Wrap Cereal w/Toast Fruit or Juice Assorted Milk	Oct - 18 Yogurt w/Toast Cereal w/Toast Fruit or Juice Assorted Milk	Oct - 19 Biscuits & Gravy Cereal w/Toast Fruit or Juice Assorted Milk	Avg Nutrients Target Cals... 463 100% Sodium. 519 mg S.Fat 2.4g 4.7%Cal
Oct - 22 Grilled Egg & Toast Cereal w/Toast Fruit or Juice Assorted Milk	Oct - 23 Waffles Pancake Syrup Cup Cereal w/Toast Fruit or Juice Assorted Milk	Oct - 24 Muffin Choice Cereal w/Toast Fruit or Juice Assorted Milk	Oct - 25 Mini Donuts Cereal w/Toast Fruit or Juice Assorted Milk	Oct - 26 Biscuits & Gravy Cereal w/Toast Fruit or Juice Assorted Milk	Avg Nutrients Target Cals... 463 100% Sodium. 470 mg S.Fat 2.6g 5.1%Cal
Oct - 29 Mini Maple Pancakes Cereal w/Toast Fruit or Juice Assorted Milk	Oct - 30 Breakfast Pizza Sausage Cereal w/Toast Fruit or Juice Assorted Milk	Oct - 31 French Toast Sticks Pancake Syrup Cup Cereal w/Toast Fruit or Juice Assorted Milk			Avg Nutrients Target Cals... 468 100% Sodium. 475 mg S.Fat 1.0g 1.9%Cal

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