

US Foods

Twin Rivers 9-12

Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
<p>Feb - 4</p> <p>Salad Bar Tangerine Chicken Cheeseburger W/Bun Ketchup & Mustard Crinkle Cut FF 1/2" Ketchup Packets Fresh Broccoli Florettes Ranch Dressing FF Choice Of Fruit Assorted Milk Chocolate Chip Cookie</p>	<p>Feb - 5</p> <p>Salad Bar Frito Chili Pie BBQ Pork Rib Sandwich Vegetable Blend 4-Way French Fries Ketchup Packets Choice Of Fruit Assorted Milk</p>	<p>Feb - 6</p> <p>Salad Bar Chicken Strips Assorted Dipping Sauce Hot Ham & Cheese Breadstick Pork And Beans Tossed Salad Choice Of Fruit Assorted Milk</p>	<p>Feb - 7</p> <p>Salad Bar Spaghetti & Meat Sauce Corn Dog Chicken WG Ketchup & Mustard Green Beans Tossed Salad Garlic Toast Choice Of Fruit Assorted Milk</p>	<p>Feb - 8</p> <p>Salad Bar Pizza Pepperoni WG Sloppy Joe Green Peas Baby Carrots Ranch Dressing FF Choice Of Fruit Assorted Milk Chocolate Chip Cookie</p>	<p>Avg Nutrients Target Cals... 847 100% Sodium. 1538 mg S.Fat 4.6g 4.9%Cal</p>
<p>Feb - 11</p> <p>Salad Bar Chicken Tetrazzini Chicken Fried Steak Mashed Potatoes/Gravy Cole Slaw Wheat Roll Margarine Spread TFF Choice Of Fruit Assorted Milk</p>	<p>Feb - 12</p> <p>Salad Bar Nachos Supreme Tuna Gyro Green Beans Baby Carrots Ranch Dressing FF Choice Of Fruit Assorted Milk</p>	<p>Feb - 13</p> <p>Salad Bar Meatball Sub Open Face Turkey Tossed Salad Vegetable Blend 4-Way Choice Of Fruit Assorted Milk Chocolate Chip Cookie</p>	<p>Feb - 14</p> <p>Salad Bar Breaded Chicken Chunks Assorted Dipping Sauce Sausage Egg Chs Biscuit Breadstick French Fries Ketchup Packets Tossed Salad Choice Of Fruit Assorted Milk</p>	<p>Feb - 15</p> <p>NO SCHOOL TODAY</p>	<p>Avg Nutrients Target Cals... 784 100% Sodium. 1315 mg S.Fat 6.0g 6.9%Cal</p>

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US Foods
Twin Rivers 9-12

Jan 16, 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
Feb - 18 NO SCHOOL TODAY	Feb - 19 Salad Bar Chicken Crispito Honey Pork Slider Refried Beans w/Cheese Tortilla Chips Vegetable Blend 4-Way Choice Of Fruit Assorted Milk	Feb - 20 Salad Bar Potato Crunch Fish Stick Tartar Sauce Packet Salisbury Steak w/Gravy Green Beans Tossed Salad Wheat Roll Margarine Spread TFF Choice Of Fruit Assorted Milk	Feb - 21 Salad Bar Chicken Patty w/Gravy Grilled Cheese Tomato Soup Broccoli Cuts Breadstick Choice Of Fruit Assorted Milk	Feb - 22 Salad Bar Pizza Pepperoni WG Popcorn Chicken Assorted Dipping Sauce Crinkle Cut FF 1/2" Ketchup Packets Breadstick Tossed Salad Choice Of Fruit Assorted Milk	Avg Nutrients Target Cals... 776 100% Sodium. 1296 mg S.Fat 7.0g 8.1%Cal
Feb - 25 Salad Bar Hot Ham & Cheese Spaghetti & Meat Sauce Garlic Toast Green Beans Tossed Salad Choice Of Fruit Assorted Milk Chocolate Chip Cookie	Feb - 26 Salad Bar Brd Beef Fingers w/Grvy Beef & Bean Burrito WG Refried Beans w/Cheese Tortilla Chips Tossed Salad Choice Of Fruit Assorted Milk	Feb - 27 Salad Bar Tangerine Chicken Sloppy Joe Crinkle Cut FF 1/2" Ketchup Packets Baby Carrots Ranch Dressing FF Choice Of Fruit Assorted Milk	Feb - 28 Salad Bar Roasted Chicken Sausage Egg Chs Biscuit Sliced Carrots Green Beans Wheat Roll Margarine Spread TFF Choice Of Fruit Assorted Milk Chocolate Chip Cookie	Mar - 1 Salad Bar BBQ Pork Rib Sandwich Bosco Pizza Stick Marinara Dipping Cup Breadstick Vegetable Blend 4-Way Tossed Salad Choice Of Fruit Assorted Milk	Avg Nutrients Target Cals... 784 100% Sodium. 1253 mg S.Fat 5.9g 6.8%Cal
Mar - 4 Salad Bar Chicken Crispito Meatball Sub Sun Chips Multigrain Pinto Beans Baby Carrots Ranch Dressing FF Choice Of Fruit Assorted Milk	Mar - 5 Salad Bar Chicken Penne Cheeseburger W/Bun Ketchup & Mustard Garlic Toast French Fries Ketchup Packets Vegetable Blend 4-Way Choice Of Fruit Assorted Milk	Mar - 6 Salad Bar Bosco Pizza Stick Chicken Sandwich Cole Slaw Baby Carrots Ranch Dressing FF Choice Of Fruit Assorted Milk Chocolate Chip Cookie	Mar - 7 Salad Bar Chili With Beans Peanut Butter Sandwich Broccoli & Cheese Tossed Salad Saltine Cracker WG Choice Of Fruit Assorted Milk	Mar - 8 Salad Bar Pizza Pepperoni WG Meat Loaf Green Beans Tossed Salad Breadstick Choice Of Fruit Assorted Milk Chocolate Chip Cookie	Avg Nutrients Target Cals... 843 100% Sodium. 1265 mg S.Fat 6.6g 7.1%Cal

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Mar - 11 Salad Bar Beef Tacos Taco Sauce Packet Breaded Chicken Chunks Assorted Dipping Sauce Pinto Beans Breadstick Tossed Salad Choice Of Fruit Assorted Milk	Mar - 12 Salad Bar Beef Ravioli CN Chicken Quesadilla Salsa Garlic Toast Baby Carrots Ranch Dressing FF Tossed Salad Choice Of Fruit Assorted Milk Chocolate Chip Cookie	Mar - 13 Salad Bar Chicken Fried Steak Chicken Salad Sandwich Mashed Potatoes/Gravy Breadstick Vegetable Blend 4-Way Choice Of Fruit Assorted Milk	Mar - 14 NO SCHOOL TODAY	Mar - 15 NO SCHOOL TODAY	Avg Nutrients Target Cals... 779 100% Sodium. 1222 mg S.Fat 4.6g 5.3%Cal
Mar - 18 NO SCHOOL TODAY	Mar - 19 Salad Bar Frito Chili Pie BBQ Pork Rib Sandwich Vegetable Blend 4-Way French Fries Ketchup Packets Choice Of Fruit Assorted Milk	Mar - 20 Salad Bar Chicken Strips Assorted Dipping Sauce Hot Ham & Cheese Breadstick Pork And Beans Tossed Salad Choice Of Fruit Assorted Milk	Mar - 21 Salad Bar Spaghetti & Meat Sauce Corn Dog Chicken WG Ketchup & Mustard Green Beans Tossed Salad Garlic Toast Choice Of Fruit Assorted Milk	Mar - 22 Salad Bar Pizza Pepperoni WG Sloppy Joe Green Peas Baby Carrots Ranch Dressing FF Choice Of Fruit Assorted Milk Chocolate Chip Cookie	Avg Nutrients Target Cals... 759 100% Sodium. 1418 mg S.Fat 4.5g 5.4%Cal
Mar - 25 Salad Bar Chicken Sandwich Beef Ravioli CN Garlic Toast Pinto Beans Sweet Potato FF Ketchup Packets Choice Of Fruit Assorted Milk	Mar - 26 Salad Bar Nachos Supreme Tuna Gyro Green Beans Baby Carrots Ranch Dressing FF Choice Of Fruit Assorted Milk	Mar - 27 Salad Bar Meatball Sub Open Face Turkey Tossed Salad Vegetable Blend 4-Way Choice Of Fruit Assorted Milk Chocolate Chip Cookie	Mar - 28 Salad Bar Breaded Chicken Chunks Assorted Dipping Sauce Sausage Egg Chs Biscuit Breadstick French Fries Ketchup Packets Tossed Salad Choice Of Fruit Assorted Milk	Mar - 29 Salad Bar Chicken Tetrazzini Chicken Fried Steak Mashed Potatoes/Gravy Cole Slaw Wheat Roll Margarine Spread TFF Choice Of Fruit Assorted Milk	Avg Nutrients Target Cals... 798 100% Sodium. 1323 mg S.Fat 5.6g 6.3%Cal

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Apr - 1 Salad Bar Turkey Biscuit Pie Combo Sub Sandwich Tossed Salad Sliced Carrots Choice Of Fruit Assorted Milk Chocolate Chip Cookie	Apr - 2 Salad Bar Chicken Crispito Honey Pork Slider Refried Beans w/Cheese Tortilla Chips Vegetable Blend 4-Way Choice Of Fruit Assorted Milk	Apr - 3 Salad Bar Potato Crunch Fish Stick Tartar Sauce Packet Salisbury Steak w/Gravy Green Beans Tossed Salad Wheat Roll Margarine Spread TFF Choice Of Fruit Assorted Milk	Apr - 4 Salad Bar Chicken Patty w/Gravy Grilled Cheese Tomato Soup Broccoli Cuts Breadstick Choice Of Fruit Assorted Milk	Apr - 5 Salad Bar Pizza Pepperoni WG Popcom Chicken Assorted Dipping Sauce Crinkle Cut FF 1/2" Ketchup Packets Breadstick Tossed Salad Choice Of Fruit Assorted Milk	Avg Nutrients Cals... 784 Sodium. 1343 mg S.Fat 6.8g Target 100% 7.8%Cal
Apr - 8 Salad Bar Hot Ham & Cheese Spaghetti & Meat Sauce Garlic Toast Green Beans Tossed Salad Choice Of Fruit Assorted Milk Chocolate Chip Cookie	Apr - 9 Salad Bar Brd Beef Fingers w/Grvy Beef & Bean Burrito WG Refried Beans w/Cheese Tortilla Chips Tossed Salad Choice Of Fruit Assorted Milk	Apr - 10 Salad Bar Tangerine Chicken Sloppy Joe Crinkle Cut FF 1/2" Ketchup Packets Baby Carrots Ranch Dressing FF Choice Of Fruit Assorted Milk	Apr - 11 Salad Bar Roasted Chicken Sausage Egg Chs Biscuit Sliced Carrots Green Beans Wheat Roll Margarine Spread TFF Choice Of Fruit Assorted Milk Chocolate Chip Cookie	Apr - 12 Salad Bar BBQ Pork Rib Sandwich Bosco Pizza Stick Marinara Dipping Cup Breadstick Vegetable Blend 4-Way Tossed Salad Choice Of Fruit Assorted Milk	Avg Nutrients Cals... 784 Sodium. 1253 mg S.Fat 5.9g Target 100% 6.8%Cal
Apr - 15 Saled Bar Chicken Crispito Meatball Sub Sun Chips Multigrain Pinto Beans Baby Carrots Ranch Dressing FF Choice Of Fruit Assorted Milk	Apr - 16 Salad Bar Chicken Penne Cheeseburger W/Bun Ketchup & Mustard Garlic Toast French Fries Ketchup Packets Vegetable Blend 4-Way Choice Of Fruit Assorted Milk	Apr - 17 Salad Bar Bosco Pizza Stick Chicken Sandwich Cole Slaw Baby Carrots Ranch Dressing FF Choice Of Fruit Assorted Milk Chocolate Chip Cookie	Apr - 18 Salad Bar Chili With Beans Peanut Butter Sandwich Broccoli & Cheese Tossed Salad Saltine Cracker WG Choice Of Fruit Assorted Milk	Apr - 19 NO SCHOOL TODAY	Avg Nutrients Cals... 848 Sodium. 1278 mg S.Fat 6.6g Target 100% 7.0%Cal

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Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
Apr - 22 NO SCHOOL TODAY	Apr - 23 Salad Bar Beef Ravioli CN Chicken Quesadilla Salsa Garlic Toast Baby Carrots Ranch Dressing FF Tossed Salad Choice Of Fruit Assorted Milk Chocolate Chip Cookie	Apr - 24 Salad Bar Chicken Fried Steak Chicken Salad Sandwich Mashed Potatoes/Gravy Breadstick Vegetable Blend 4-Way Choice Of Fruit Assorted Milk	Apr - 25 Salad Bar Caesar Chicken Salad Combo Sub Sandwich Garlic Toast Baby Carrots Fresh Broccoli Florettes Ranch Dressing FF Choice Of Fruit Assorted Milk	Apr - 26 Salad Bar Beef Tacos Taco Sauce Packet Breaded Chicken Chunks Assorted Dipping Sauce Pinto Beans Breadstick Tossed Salad Choice Of Fruit Assorted Milk	Avg Nutrients Target Cals... 767 100% Sodium. 1322 mg S.Fat 4.5g 5.3%Cal
Apr - 29 Salad Bar Tangerine Chicken Cheeseburger W/Bun Ketchup & Mustard Crinkle Cut FF 1/2" Ketchup Packets Fresh Broccoli Florettes Ranch Dressing FF Choice Of Fruit Assorted Milk Chocolate Chip Cookie	Apr - 30 Salad Bar Frito Chili Pie BBQ Pork Rib Sandwich Vegetable Blend 4-Way French Fries Ketchup Packets Choice Of Fruit Assorted Milk				Avg Nutrients Target Cals... 806 100% Sodium. 1271 mg S.Fat 5.7g 6.4%Cal

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<p>May - 6</p> <p>Salad Bar Chicken Sandwich Beef Ravioli CN Garlic Toast Pinto Beans Sweet Potato FF Ketchup Packets Choice Of Fruit Assorted Milk</p>	<p>May - 7</p> <p>Salad Bar Nachos Supreme Tuna Gyro Green Beans Baby Carrots Ranch Dressing FF Choice Of Fruit Assorted Milk</p>	<p>May - 8</p> <p>Salad Bar Meatball Sub Open Face Turkey Tossed Salad Vegetable Blend 4-Way Choice Of Fruit Assorted Milk Chocolate Chip Cookie</p>	<p>May - 9</p> <p>Salad Bar Breaded Chicken Chunks Assorted Dipping Sauce Sausage Egg Chs Biscuit Breadstick French Fries Ketchup Packets Tossed Salad Choice Of Fruit Assorted Milk</p>	<p>May - 10</p> <p>Salad Bar Chicken Tetrazzini Chicken Fried Steak Mashed Potatoes/Gravy Cole Slaw Wheat Roll Margarine Spread TFF Choice Of Fruit Assorted Milk</p>	<p>Avg Nutrients Target</p> <p>Cals... 763 100%</p> <p>Sodium. 1467 mg</p> <p>S.Fat 4.2g 5.0%Cal</p>
<p>May - 13</p> <p>Salad Bar Turkey Biscuit Pile Combo Sub Sandwich Tossed Salad Sliced Carrots Choice Of Fruit Assorted Milk Chocolate Chip Cookie</p>	<p>May - 14</p> <p>Salad Bar Chicken Crispito Honey Pork Slider Refried Beans w/Cheese Tortilla Chips Vegetable Blend 4-Way Choice Of Fruit Assorted Milk</p>	<p>May - 15</p> <p>Salad Bar Potato Crunch Fish Stick Tantar Sauce Packet Salisbury Steak w/Gravy Green Beans Tossed Salad Wheat Roll Margarine Spread TFF Choice Of Fruit Assorted Milk</p>	<p>May - 16</p> <p>Salad Bar Chicken Patty W/Gravy Grilled Cheese Tomato Soup Broccoli Cuts Breadstick Choice Of Fruit Assorted Milk</p>	<p>May - 17</p> <p>Salad Bar Pizza Pepperoni WG Popcorn Chicken Assorted Dipping Sauce Crinkle Cut FF 1/2" Ketchup Packets Breadstick Tossed Salad Choice Of Fruit Assorted Milk</p>	<p>Avg Nutrients Target</p> <p>Cals... 784 100%</p> <p>Sodium. 1343 mg</p> <p>S.Fat 6.8g 7.8%Cal</p>
<p>May - 1</p> <p>Salad Bar Chicken Strips Assorted Dipping Sauce Hot Ham & Cheese Breadstick Pork And Beans Tossed Salad Choice Of Fruit Assorted Milk</p>	<p>May - 2</p> <p>Salad Bar Spaghetti & Meat Sauce Corn Dog Chicken WG Ketchup & Mustard Green Beans Tossed Salad Garlic Toast Choice Of Fruit Assorted Milk</p>	<p>May - 3</p> <p>Salad Bar Pizza Pepperoni WG Sloppy Joe Green Peas Baby Carrots Ranch Dressing FF Choice Of Fruit Assorted Milk Chocolate Chip Cookie</p>	<p>May - 4</p> <p>Salad Bar Spaghetti & Meat Sauce Corn Dog Chicken WG Ketchup & Mustard Green Beans Tossed Salad Garlic Toast Choice Of Fruit Assorted Milk</p>	<p>May - 5</p> <p>Salad Bar Pizza Pepperoni WG Sloppy Joe Green Peas Baby Carrots Ranch Dressing FF Choice Of Fruit Assorted Milk Chocolate Chip Cookie</p>	<p>Avg Nutrients Target</p> <p>Cals... 763 100%</p> <p>Sodium. 1467 mg</p> <p>S.Fat 4.2g 5.0%Cal</p>

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