

# US Foods

Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
Feb - 4 Tangerine Chicken Fresh Broccoli Florettes Ranch Dressing FF Choice Of Fruit Assorted Milk Chocolate Chip Cookie	Feb - 5 Frito Chili Pie Tossed Salad Vegetable Blend 4-Way Choice Of Fruit Assorted Milk	Feb - 6 Chicken Strips Assorted Dipping Sauce Breadstick Pork And Beans Tossed Salad Choice Of Fruit Assorted Milk	Feb - 7 Spaghetti & Meat Sauce Green Beans Tossed Salad Garlic Toast Choice Of Fruit Assorted Milk	Feb - 1 Corn Dog Chicken WG Ketchup & Mustard Crinkle Cut FF 1/2" Tossed Salad Choice Of Fruit Assorted Milk Chocolate Chip Cookie	Avg Nutrients Target Cals... 698 107% Sodium. 1160 mg S.Fat 4.2g 5.4%Cal
Feb - 11 Chicken Fried Steak Mashed Potatoes/Gravy Cole Slaw Garlic Toast Choice Of Fruit Assorted Milk	Feb - 12 Nachos Supreme Green Beans Baby Carrots Ranch Dressing FF Choice Of Fruit Assorted Milk	Feb - 13 Turkey Gyro Vegetable Blend 4-Way Tossed Salad Choice Of Fruit Assorted Milk	Feb - 14 Breaded Chicken Chunks Assorted Dipping Sauce French Fries Ketchup Packets Tossed Salad Choice Of Fruit Assorted Milk	Feb - 8 Pizza Pepperoni WG Green Peas Baby Carrots Ranch Dressing FF Choice Of Fruit Assorted Milk	Avg Nutrients Target Cals... 640 100% Sodium. 1053 mg S.Fat 3.8g 5.3%Cal
Feb - 18 NO SCHOOL TODAY	Feb - 19 Chicken Crispito Refried Beans Tortilla Chips Vegetable Blend 4-Way Choice Of Fruit Assorted Milk	Feb - 20 Salisbury Steak w/Gravy Green Beans Tossed Salad Wheat Roll Margarine Spread TFF Choice Of Fruit Assorted Milk	Feb - 21 Grilled Cheese Tomato Soup Broccoli Cuts Breadstick Choice Of Fruit Assorted Milk	Feb - 22 Pizza Pepperoni WG Tossed Salad Baby Carrots Ranch Dressing FF Choice Of Fruit Assorted Milk	Avg Nutrients Target Cals... 642 100% Sodium. 1191 mg S.Fat 7.6g 10.6%Cal

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

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**US Foods**  
**Twin Rivers K-8**

Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
Feb - 25 Hot Ham & Cheese Green Beans Tossed Salad Choice Of Fruit Assorted Milk Chocolate Chip Cookie	Feb - 26 Beef & Bean Burrito WG Refried Beans w/Cheese Tortilla Chips Tossed Salad Choice Of Fruit Assorted Milk	Feb - 27 Sloppy Joe Crinkle Cut FF 1/2" Ketchup Packets Baby Carrots Ranch Dressing FF Choice Of Fruit Assorted Milk	Feb - 28 Chicken Sandwich Sliced Carrots Green Beans Choice Of Fruit Assorted Milk	Mar - 1 BBQ Pork Rib Sandwich Breakstick Vegetable Blend 4-Way Tossed Salad Choice Of Fruit Assorted Milk	Avg Nutrients Target Cals... 649 100% Sodium. 1226 mg S.Fat 4.1g 5.7%Cal
Mar - 4 Meatball Sub Pinto Beans Baby Carrots Ranch Dressing FF Choice Of Fruit Assorted Milk	Mar - 5 Chicken Penne Garlic Toast French Frites Ketchup Packets Vegetable Blend 4-Way Choice Of Fruit Assorted Milk	Mar - 6 Bosco Pizza Stick Cole Slaw Baby Carrots Ranch Dressing FF Choice Of Fruit Assorted Milk	Mar - 7 Popcorn Chicken Assorted Dipping Sauce Broccoli & Cheese Tossed Salad Choice Of Fruit Assorted Milk	Mar - 8 Pizza Pepperoni WG Green Beans Tossed Salad Choice Of Fruit Assorted Milk Chocolate Chip Cookie	Avg Nutrients Target Cals... 644 100% Sodium. 1030 mg S.Fat 5.7g 8.0%Cal
Mar - 11 Roasted Chicken Green Beans Wheat Roll Margarine Spread TFF Tossed Salad Choice Of Fruit Assorted Milk	Mar - 12 Chicken Quesadilla Salsa Pinto Beans Choice Of Fruit Assorted Milk Chocolate Chip Cookie	Mar - 13 Chili With Beans Peanut Butter Sandwich Tossed Salad Choice Of Fruit Assorted Milk	Mar - 14 NO SCHOOL TODAY	Mar - 15 NO SCHOOL TODAY	Avg Nutrients Target Cals... 638 100% Sodium. 902 mg S.Fat 5.1g 7.2%Cal
Mar - 18 NO SCHOOL TODAY	Mar - 19 Frito Chili Pie Tossed Salad Vegetable Blend 4-Way Choice Of Fruit Assorted Milk	Mar - 20 Chicken Strips Assorted Dipping Sauce Breakstick Pork And Beans Tossed Salad Choice Of Fruit Assorted Milk	Mar - 21 Spaghetti & Meat Sauce Green Beans Tossed Salad Garlic Toast Choice Of Fruit Assorted Milk	Mar - 22 Pizza Pepperoni WG Green Peas Baby Carrots Ranch Dressing FF Choice Of Fruit Assorted Milk	Avg Nutrients Target Cals... 621 100% Sodium. 1055 mg S.Fat 4.1g 5.9%Cal

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Monday		Tuesday		Wednesday		Thursday		Friday		Nutrients	
Mar - 25	Beef Ravioli CN Garlic Toast Pinto Beans Sweet Potato FF Ketchup Packets Choice Of Fruit Assorted Milk	Mar - 26	Nachos Supreme Green Beans Baby Carrots Ranch Dressing FF Choice Of Fruit Assorted Milk	Mar - 27	Turkey Gyro Vegetable Blend 4-Way Tossed Salad Choice Of Fruit Assorted Milk	Mar - 28	Breaded Chicken Chunks Assorted Dipping Sauce French Fries Ketchup Packets Tossed Salad Choice Of Fruit Assorted Milk	Mar - 29	Chicken Fried Steak Mashed Potatoes/Gravy Cole Slaw Garlic Toast Choice Of Fruit Assorted Milk	Avg Nutrients	Target
Apr - 1	Cheeseburger w/Bun Crinkle Cut FF 1/2" Ketchup Packet Tossed Salad Choice Of Fruit Assorted Milk	Apr - 2	Chicken Crispito Refried Beans Tortilla Chips Vegetable Blend 4-Way Choice Of Fruit Assorted Milk	Apr - 3	Salisbury Steak w/Gravy Green Beans Tossed Salad Wheat Roll Margarine Spread TFF Choice Of Fruit Assorted Milk	Apr - 4	Grilled Cheese Tomato Soup Broccoli Cuts Breadstick Choice Of Fruit Assorted Milk	Apr - 5	Pizza Pepperoni WG Tossed Salad Baby Carrots Ranch Dressing FF Choice Of Fruit Assorted Milk	Avg Nutrients	Target
Apr - 8	Hot Ham & Cheese Green Beans Tossed Salad Choice Of Fruit Assorted Milk Chocolate Chip Cookie	Apr - 9	Beef & Bean Burrito WG Refried Beans w/Cheese Tortilla Chips Tossed Salad Choice Of Fruit Assorted Milk	Apr - 10	Sloppy Joe Crinkle Cut FF 1/2" Ketchup Packets Baby Carrots Ranch Dressing FF Choice Of Fruit Assorted Milk	Apr - 11	Chicken Sandwich Sliced Carrots Green Beans Choice Of Fruit Assorted Milk	Apr - 12	BBQ Pork Rib Sandwich Breadstick Vegetable Blend 4-Way Tossed Salad Choice Of Fruit Assorted Milk	Avg Nutrients	Target
Apr - 15	Meatball Sub Pinto Beans Baby Carrots Ranch Dressing FF Choice Of Fruit Assorted Milk	Apr - 16	Chicken Penne Garlic Toast French Fries Ketchup Packets Vegetable Blend 4-Way Choice Of Fruit Assorted Milk	Apr - 17	Bosco Pizza Stick Cole Slaw Baby Carrots Ranch Dressing FF Choice Of Fruit Assorted Milk	Apr - 18	Popcorn Chicken Assorted Dipping Sauce Broccoli & Cheese Tossed Salad Choice Of Fruit Assorted Milk	Apr - 19	NO SCHOOL TODAY	Avg Nutrients	Target

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Monday		Tuesday		Wednesday		Thursday		Friday		Nutrients		
Apr - 22	NO SCHOOL TODAY	Apr - 23	Chicken Quesadilla Salsa Pinto Beans Choice Of Fruit Assorted Milk Chocolate Chip Cookie	Apr - 24	Chili With Beans Peanut Butter Sandwich Tossed Salad Choice Of Fruit Assorted Milk	Apr - 25	Combo Sub Sandwich Baby Carrots Fresh Broccoli Florettes Ranch Dressing FF Choice Of Fruit Assorted Milk	Apr - 26	Roasted Chicken Green Beans Wheat Roll Margarine Spread TFF Tossed Salad Choice Of Fruit Assorted Milk	Avg Nutrients	Target	
Apr - 29	Tangerine Chicken Fresh Broccoli Florettes Ranch Dressing FF Choice Of Fruit Assorted Milk Chocolate Chip Cookie	Apr - 30	Frito Chili Pie Tossed Salad Vegetable Blend 4-Way Choice Of Fruit Assorted Milk							Avg Nutrients	Target	
										Cals...	608	100%
										Sodium.	1066 mg	
										S.Fat	4.4g	6.5%Cal
										Avg Nutrients	661	102%
										Cals...	870 mg	
										Sodium.	4.2g	5.7%Cal
										S.Fat		

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Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
May - 6 Beef Ravioli CN Garlic Toast Pinto Beans Sweet Potato FF Ketchup Packets Choice Of Fruit Assorted Milk	May - 7 Nachos Supreme Green Beans Baby Carrots Ranch Dressing FF Choice Of Fruit Assorted Milk	May - 1 Chicken Strips Assorted Dipping Sauce Breadstick Pork And Beans Tossed Salad Choice Of Fruit Assorted Milk	May - 2 Spaghetti & Meat Sauce Green Beans Tossed Salad Garlic Toast Choice Of Fruit Assorted Milk	May - 3 Pizza Pepperoni WG Green Peas Baby Carrots Ranch Dressing FF Choice Of Fruit Assorted Milk	Avg Nutrients Target Cals... 627 100% Sodium. 1174 mg S.Fat 3.5g 5.0%Cal
May - 13 Cheeseburger W/Bun Crinkle Cut FF 1/2" Ketchup Packet Tossed Salad Choice Of Fruit Assorted Milk	May - 14 Chicken Crispito Refried Beans Tortilla Chips Vegetable Blend 4-Way Choice Of Fruit Assorted Milk	May - 8 Turkey Gyro Vegetable Blend 4-Way Tossed Salad Choice Of Fruit Assorted Milk	May - 9 Breaded Chicken Chunks Assorted Dipping Sauce French Fries Ketchup Packets Tossed Salad Choice Of Fruit Assorted Milk	May - 10 Chicken Fried Steak Mashed Potatoes/Gravy Cole Slaw Garlic Toast Choice Of Fruit Assorted Milk	Avg Nutrients Target Cals... 643 100% Sodium. 1204 mg S.Fat 4.5g 6.2%Cal
May - 13 Cheeseburger W/Bun Crinkle Cut FF 1/2" Ketchup Packet Tossed Salad Choice Of Fruit Assorted Milk	May - 14 Chicken Crispito Refried Beans Tortilla Chips Vegetable Blend 4-Way Choice Of Fruit Assorted Milk	May - 15 Salisbury Steak w/Gravy Green Beans Tossed Salad Wheat Roll Margarine Spread TFF Choice Of Fruit Assorted Milk	May - 16 Grilled Cheese Tomato Soup Broccoli Cuts Breadstick Choice Of Fruit Assorted Milk	May - 17 Pizza Pepperoni WG Tossed Salad Baby Carrots Ranch Dressing FF Choice Of Fruit Assorted Milk	Avg Nutrients Target Cals... 644 100% Sodium. 1179 mg S.Fat 7.5g 10.5%Cal

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